



Message One of Twelve
The Truth of Your Harmonic Nature
Welcoming “THE BENEVOLENT ONES”

*Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
Delivered at TOSA Ranch October 29, 2005*

Archangel Zadkiel speaks:

Yes! Hello! It is indeed a lovely time...TO BE...HERE...with you today. It is good to see so many. It is good...TO BE...HERE...with you today. Know that we come to you today with many blessings of love, joy, upliftment, and deep connection.

*It is a vital time to open up the pathways of peace!
Pathways of peace within your own angelic soul and the pathways of
further understanding of your harmonic connection within.*

Alignment of the body with Harmonic Balance

As we open up your peace pathways within, and as you come into your own pathway of peace, you will find yourself becoming deeply aligned with harmonic balance...*Much harmonic balance!*

What is the opposite of balance? You know this. Imbalance! Yes!

It is easy to understand that you are at the time of harmonic balance. You are at the time of the recognition that all of the portals of energies that needed to be aligned in the core of your planet are now open.

These portals are aligned, vibrating, and nourishing the planet at many levels. It is because of this alignment, that there is an escalation and much shaking up. Yes! On many, many levels. This shaking is not just the levels of this planet, dear ones, there is much shaking up within right now.

Understand that you are indeed physically shifting more



now than you have ever been.

It is important to recognize that your body is coming forward to you now. Because the physical body has been deeply entrenched in this shift for so many months now, it is the emotional body that will be rearing very powerfully at this time.

When the emotional body rears powerfully, there are many aspects to the emotional body, are there not? More aspects than we could give you today. You can each name an aspect and we would still have aspects to name, would we not?

For each aspect carries a nuance of what each understands to be within the understanding of emotional presences. There are many faces about you. Oh yes! Sybil¹. Many personalities? *(laughter)* Yes! It will be very Sybil like around here. Yes! It is good to enjoy that; it is good to understand that.

For if you know this ahead of time, you will be able to avert deep panic.

If you add deep panic to this “Sybil like” environment, oh my goodness! That would be one party we would avoid. Yes! It is good to know.

You are moving forward on the galactic stairwell, and as you are opening up all of the portals, and in the energy of that which has come forward, ***now more than ever invite yourself to go deeper into the love of the truth of your being.***

This is an important reminder.

How can you move forward if you do not first have the anchor in the truth that you know to be now?

¹ This is a reference to a movie where the lead character was living with multiple personality disorder.



[Anchoring the Truth of your Physical Body as Energy](#)

You must be anchored, present, and proficient in the understanding of what energy truly is. Relax and breathe this in. Take a moment to consciously remember that your body is not solid matter.

You must truly know this. Go beyond just saying the words and re-cog-nize that your body is not solid matter! As you know this in your head, from there you call this into your heart as you allow the disintegration to be effortless, joyous, abundant, and fulfilling.

When you cling tightly to matter as manifested form, the energies of the Sybil like emotional density, are in direct conflict with the de-materialization of the body and the resurrection of your mastery.

Dearest children, your body is shifting! It is expanding into Oneness. As it expands evermore you disintegrate beyond this time and space, and smile as you remember that holding on stops your expansion.

It is time to claim the permanence of impermanence! We say it again, "It is time to claim the permanence of impermanence."

[The Ascended Chakra System and Limitlessness](#)

Re-cog-nize the limitlessness that you are! Re-cog-nize that this world, planet, earth, form, density, whatever adjective you use, is nothing more than a wondrous visit. It is a great place, an adventure filled playground!

Have you been playing? Or have you been working?

Is your work play and is your play work?

Ask your "self" these questions. You are challenged to lift into limitless expansion until you integrate the full understanding of your heart center.



Let us share more. As the heart center is the root of the ascended state of consciousness, it is part of the twelve-point ascended chakra system.² The twelve point ascended chakra system of the Divine Galactic Blueprint is fully spinning in alignment with all of the portals that are open now.

Are you spinning with it? Or, are you trying to stand firm into density wondering what all the chaos is about and why it affects you?

If you stand in the middle of the ocean like a brick, the force of the ocean will hurt. Think about it! Is it not easier to become the ocean? Is it not easier to float? Yes!

When you feel the brick, you are able to let it go. This is effortless as it arises through the awareness that it is blocking you. The energy of resistance adds mortar to a brick. Therefore, as you feel resistance the moment arises to recognize the gift that it is.

Releasing Illusionary Doctrine

Dearest children you are at a great time. Our great brethren are ready to share with you and they have much to say. Remember why you are here. Love your body! Jump in the joy of the body expression.

You are here to experience the energy of a smile. You get to grow hair; you get to lose hair. You grow teeth, you lose teeth. You grow nails, you chop nails. So much fun! Yes!

And! You get to touch. You touch each other; you touch yourself! It is important to remember that as you experience these bodies that you have yearned for, ***this...IS...the full expression of density***. You have many, many, many bodies do you not? We are talking now of the physical body. We

² Reference to the Divine Galactic Blueprint and the Ascended Heart as the foundational chakra of the 12 points.



have shared about the emotional body, and there is the spiritual body, and the galactic body that you have yet to touch!

The truth of your being-ness is well beyond what your mind considers it to be based upon the illusionary doctrine of spending many eons here.

Dearest children, we invite you to let go of illusionary doctrine and prepare to open yourself wide to the great connection of ALL THAT IS. The stream of Divine Love is wider than you could possibly imagine; simply let it be. Even your imagination is limited if you apply density principles to it. Do you understand this?

When you apply to imagination a concept of what something must look like, of what something should be, it is within that creation, right there and right then, that you are limiting the truth.

Dearest children, in this moment call forth color. Any color. Even that one color can be a concept, can it not? And! Let us begin with color...formless color. As you connect with that color, relax ever more and open your heart to the tone of that color. Go into the truth of your being with that color. BE... present. Start there, and let it create for you. **Let go of trying to control the creation.**

Understanding your Creator Being-ness

You are a magnificent creator! As you join with density, look how magnificently you have created. Forms, space, even time! My goodness what a creation. You have created so much. It is time now for you to relax and invite the creation to come back to you.

You do not need to be the creator. It is time that you are free. YOU...ARE...FREE! Breathe and understand this! This is beyond the freedom granted by a government of density. YOU...ARE...FREE!



Your authentic freedom is the place where you are limitless form able to call forward the truth of creation because YOU...ARE...OPEN... to limitless expansion. YOU...ARE...able to recognize without doubt the truth of your BE-ing. In this place ONLY PURE JOY exists!

This is beyond the joy of the emotional body for that is transient! It is the deep joy of recognition, ***the deep joy where fear is fully released because you are sustained in the truth of your being-ness.*** It is time for YOU and ALL those *that are* and all those that are still *waiting to be*, to remember this!

Dearest children, if you absolutely knew, that this moment, this instant, was the last instant you would be in this form...this way... what would you do? How would you do it? What would you feel? How would you express it?

Then ask yourself: are you expressing that level of deep love? Are you expressing that level of joy? Do you meet each other soul to soul, or are you still meeting face to face, body to body?

Living in the energy of Star Consciousness

You all have within the gift of Star Consciousness,³ and it is wide open. Star consciousness resides well above what you call the third eye. The third eye still has a density control mechanism at place. It still filters through a belief system. Lift up into your star consciousness which is located well above the third eye. It is within the space of the star consciousness where you authentically meet each other. You know how to do this.

Gaze into the star consciousness of another⁴, meet ALL there. If you are in conflict, go to your star consciousness. As you wish to resolve a conflict,

³ Star Consciousness is explained in the book, Sacred Union: The Journey Home

⁴ See Appendix of Sacred Union: The Journey Home, "The Star Practice"



gaze upon the other in their star consciousness, call it forward, be present. This is a great gift that you can use now!

You wish to connect deeply with the Divine? Go into the mirror of your own soul. Go deeply into your soul consciousness and release all belief systems that claim you are anything other than Divine energy. Know that you are one that has come so far, one that has risen so far.

Why are you clinging to any form of illusion? Because it is a fun habit! Your density experience enjoys it!

It is wise to remember that every "one", every BE-ing, while still carrying a body of flesh, bone, blood, tissue, hair, nails, teeth; will ALL-ways have a connection to the multiple illusions. Once you KNOW THIS...you are able to fully IN-JOY the connection.

You came for this moment! Hug a lot! This is important. If there is no one you to hug, we sincerely trust you are hugging your "self". We are serious. Hug a lot. It is important. Say thank you, often. This body has loved you, cherished you, nourished you, taken care of you, provided you an opportunity to BE. Even when you feel you are fighting with it, love it more! Pay attention, times are changing. YES! They...ARE.

It is time to claim the permanence of impermanence, because all is impermanent now. ALL has been opened and THE ALL is connected.

Welcoming The Benevolent Ones

We wish to share about the Dear Ones. For us they are very dear. Since we have first begun to speak through the Kira Raa, we have been, and continue to be, a divine filter. This is all we are, a divine filter. When we first came to speak with the Sri Ram Kaa and the Kira Raa, we offered the names of our energies as comfort, for it offers the mind of form an opportunity to relax and receive. ***It is important for your mind to relax and receive.*** It is also important to remember that the Archangelic realm is just the filter.



WE...ARE...the ones that have assisted to bring forward the messages and WE...ARE...GREAT-FULL. Next time you are drinking your fermented grape and dancing, look over your shoulder as WE...ARE...all-ways with you. Yes!
(much laughter)

It is a great time! Many years of preparation have called forward this time on your planet. What a joyous celebration! You made it! YOU...ARE...HERE! We are jumping up and down. Yes! Confetti all over you! You have made it, and are at the culmination!

Dearest children you are ready. You have expanded your minds. You have opened your energy fields. You have brought forth the truth of your being. You have declared: *“OK! I have made a decision. I will stay. I am a part of this and I understand this is a big joyous party to be in!”*

Know that the Benevolent Ones have spent many, many, many, many, how many? Many, many, many, many, many of your years preparing for this time. For you see, dearest children, their energies have been unable to come forward on this planet until the Ascension portals were **opened and anchored** in the core of your earth.

From the core of your earth, there now emits a vibration that is emanated from the core and vibrates through the planet and comes straight out. You all feel it, you all know it, even your scientists can document it.

This planetary vibration had to be available for the energy of greater connection to come forward. KNOW that we are most delighted to share, and when we say we are sharing, we must also share this body, this Kira Raa body.

It is our delight to offer you ever more information through this anchored connection, than our Angelic filter is able to bring through. The information that The Benevolent Ones bring is of another vibrational realm, that yes



dearest ones, is well beyond ours. We are honored to be a vibrational filter. We are honored to be here with you. It is our gift to always be here with you. They can not stop us! *(laughter)* And so, we offer you this gift.

Know the limitless of who you are.

Release the concept of “the I”; embrace the understanding of BE-ing.

Take a moment, close your eyes. See the color before you, just the color, no form, just the color. Let it come in. Let it be. No form, just color.

Here is where you begin and from here the infinity reveals itself.

Many blessings dear ones.

THE BENEVOLENT ONES enter and Speak through Kira Raa

Hello. It is with great wondrous love that we come to share that we have waited many eons of time to come back here to visit with you, our dearest brethren. We see in you the gift of the DNA of crystalline strands waiting to be ignited. Oh yes! They are alive, they are well, and they are lifting dearly. As these crystalline strands arise within you now, they are igniting with the divine flame that is well beyond what you call chakras.

We offer you deep hellos and welcomes. We come from many realms beyond what we could explain in this moment and have begun bringing forth the galactic, what you would call, encyclopedia, so that you may arise again and see the truth of your BE-ing with great loving remembrance.

Your Crystalline DNA has been resonating now for many eons, preparing, opening, and coming forth to come home.

We have stood silently without interfering. The gift of non-interference is the greatest gift we can offer you. You have asked for this gift and we have been reverently holding it. We are not here now to interfere. We are here to joyously reunite. Yes! We feel you all, as you are feeling us.

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To touch the soul of the truth of your being is the greatest gift you can give us to give you. We cannot offer you any-thing you have not brought forward in yourself. It is a most pungent memory. It is rarified in streams of consciousness that have been sub atomically suppressed for eons.

There have been many releases of energy on your planet that were necessary to open up these streams of great energy. These streams will continue to open and there will be more energetic releases on your planet. Do not be afraid. You are impenetrable. You can not ever perish. You know this already. Your bodies simply want you to believe different.

You are a magnificent being of wondrous limitless light. You can not put any form on this and the sub atomic energies and stratum of your earth are re-forming now.

There are many energies that are meeting with the vibrational energies being emanated from your planet, just outside what you would call your atmosphere. These energies are now reuniting and sending back to you many messages.

There are many of you who can connect with this energy and there are many who can not and will not feel it at all. You must not interfere.

*You can only become what you are.
How you become this is up to you; it is still your choice.
Nothing is set in stone, yes this is your expression,
and so you are able to move forward.*

We delight in saying hello to you. You bring us great joy for you have come to the time of your choice. You have come to the time of the shift of the formless becoming ever more expanded. Within this time there is much to understand.



Your brains are going to hurt, oh yes, because they will be asked to expand well beyond the skull. For many of you, your skulls will physically be shifting. You may find that you will need surgeries to shift your skull, suddenly there may be something going on in the head, you may find yourself expanding without this, you may find head pressure, you may suddenly say, "Why is my hat too tight?"

Understand that not all will experience this way, yet many of you will. Many of you will experience body shifts in rapid periods of time that will defy what you call science. Science, dearest children, as you understand it, is birthed of this planet. Go beyond it! Claim and implement what it can offer to you and then let yourself go beyond it.

We come today simply to say hello, and to reconnect.

You are at the birth of a great shift. The cosmic calendar has no beginning and no end. Only in your linear thinking is there a beginning and an end. In the cosmic time line, there is only infinite expansion. Only YOU...ARE...Now!

Think of a beautiful stream of pure Light. See it, and bring it to your consciousness. You do not need to look at it anymore. It is time for you to reunite with it. It is time for you to joyously declare, ***"I do remember! I do remember! And! I am not afraid."***

There are many that are here for you, and WE...ARE...HERE...for YOU. We will teach you many things that you can already accomplish. We will show you how to heal each other on a greater level than you can now. We will show you how to bring your "self" into your Oneness so that by the end of that time, the "self" is merely a word that calls forward your smile of knowing. Understanding that it was, *(the self)*, a great gift. It is a great propellant offering you the opportunity to expand.



Relax and know you are making great connections. Not merely with us. There are many others that are coming forward very shortly.

***This year will offer you the greatest momentum, change, shift, and understanding than you have ever experienced...ever.
Gather ALL of your history and it will equal this one year.
Breathe into that and claim your breath as your freedom.***

Understanding that all of the ascension portals are now open on this planet, EXPAND your understanding that there are many corresponding portals now open in many other worlds.

***Your time of true communion without any filter is here. Your time of pure recognition, the essence of the gift of love that you are, is right now.
This is not a coming attraction. IT...IS...here.***

Re-cog-nize that in this here-ness, your Ascended chakra system, the twelve points of the Divine Galactic Blueprint, have with each of them twelve more points. There are one hundred and forty four energy centers that are all opening for you now. We will help you lift all of them into the opening. You are ready to feel beyond that.

***We simply ask one thing; to be pure in your heart of your intent.
Why do you seek reunification? Why do you seek TO...BE?***

**This is all we will see. We will not hear your words.
We only use words so many can hear us now and yet we could sit here
and simply gaze at you and you would understand.**

Dearest children, you are at this time and you are ready. Our messages come through to you on many, many levels. Many of you will start experiencing profound dreams and expansions. Many of you will begin powerful writing. Many of you will feel more, know more.

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Trust your intuition! More! Arise with your truth! We can not leave you, for you are us, we are you, we are One. Our DNA is your DNA. Dearest ones, it is your time to fully remember.

We work with the emotions of this body, (*Kira Raa*), to express our love for you. There are many tears of gratitude here. We are unable to offer words for the love we hold for you.

*May you gift your "self" and KNOW the love we are as you love yourself.
You are beyond beautiful.
You are beyond perfect.
You are in perfection now.*

We are so happy to reunite. We have offered you much profound energy. Your questions would only serve to bring the mind back in and so we offer you the gift of not asking them. We invite you to sit with that. To fully understand the perfection of that.

We love you dearly. Your questions are answered.

*ALL...IS...WELL. Know this!
Thank you for the gift. We can not come without you.
We shall share with you often.
We offer you great love, abundant joy, and our humble thank you.
It has been a long time and it has been no time.
Much love.*