



Message Six of Twelve

Embracing Vital Energy: The Four Knowns

*Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
Delivered at TOSA Ranch April 01, 2006*

Archangel Zadkiel Speaks:

Yes! WE...ARE...indeed, delighted TO...BE...HERE...with YOU. Indeed, there has been much energetic movement, has there not? Yes! Many of you have experienced this energetic movement in many, many, many different ways.

When we move energy, when we exist in the multi-dimensional realms, when we come in from the strata of many different universes, when we offer ourselves the opportunity to co-create with the Oneness, when we offer ourselves the gift of Divine kinship, indeed, energy moves. Yes! It is all-ways moving and YOU...KNOW...this.

The White Blackboard & Original Source Energy

It is imperative to first create a little picture. Visualize a white blackboard. You say what kind of oxymoron is that? We say it is a good one, picture a white blackboard. As you picture a white blackboard, if you pick up your white chalk and you write on it, will you see the message?

Of course not.

If you have a white blackboard and you pick up your little white chalk, and you put your white chalk on the white blackboard, how could you ever see the message?

It is imperative for YOU to re-cognize this is why you must have the dark blackboard. This is why you must have the light as you have the dark.



*How can we offer YOU a message from the Divine if it is never seen?
How can we offer YOU an opportunity to truly know the gift of
who-YOU- ARE; if ALL that surrounds you is unavailable to be
truly noticed and seen?*

Dearest, dearest, dearest Ones! We encourage YOU...NOW...to re-member in this rapid energy escalation, that IS happening at this time, many of you are coming back into alignment with your Original Source Energy.

Original Source Energy has always been with you. It is not new or something to be discovered. IT...IS...simply something to re-member, to re-integrate, to offer to your-self as you offer to others your Divine gift of gratitude and love.

The reason we offer this picture today is because, indeed, the polarization that you have all spoke of, talked of, looked at, paid attention to, is rapidly coming to a climax, very, very, very soon. It is important for you to recognize this.

*How else can you receive the message unless it is against a background
you can understand and clearly see?*

Pay attention. Dearest children, when you come here, when you say, “Yes, I will be on this planet. Yes, I will offer all that I am to offer. I will go deep into the veil and I will do all that I can to come back into my own ownership of being-ness.”

*How else can you shift unless you do it through the opportunity of that
which is not as comfortable as you would like it to be?*

If all was comfy cozy, then who would want to come home? You would say permanent vacation, hanging out here for a while! Yes! All-expense paid



trip with open buffet! Yeah! If you are on the big cruise and you are most buoyantly happy, why would you ever want to go? Why would ever want to find the Divine within?

The Divine search IS the gift!

Divine Union is the prize, (if you wish to use word prize). This beautiful Divine search, how comfortable has it been? Or! How uncomfortable has it been? If it has been both, celebrate. Offer yourself this Divine gift, the Divine dance, the Divine union.

Dearest children, it is your time, to not only keep your eyes on the Divine at all times, it is your time to BE the Divine at all times.

To BE the Divine at all times.

You say, "Oh Zadkiel, of course I am, we are all-ways Divine."

Yes! YOU...ARE! Then, how do you express, what is your expression?

When you open what you call a mouth, do the words offer a gift to others?
Do the words offer comfort?
Do the words offer Divine Union?
What do the words offer?
What does your heart offer?
For indeed, the great word comes from the heart, does it not?

This mouth, as you call it, is very good for the open buffet. Yes! Beyond the open buffet, let your mouth serve in many ways. It serves to nourish your body and help to sustain it in density. Let it also serve to BE a Divine conduit.

Let your voice BE a Divine conduit of great and glorious manifest love. YOU...ARE...the manifest love and YOU...KNOW...this. YOU...have already entered into the Divine union. YOU...ARE...Divine! Now express as Divine.
When you keep your eyes on the Divine at all times, how can anything except the Divine express through you?



Divine Manifestation: *The Buoyant Bob*

Dearest children! Many around you are no longer expressing in Divine harmony. This is good for them! And a place for your white chalk to be seen! It is important to remember this!

You are at the time...NOW...where your manifestation abilities, as you know, ***are so great, abundant and powerful, that all of your essence, not just little pieces you choose, all of your essence is in the stream of creation;*** as is ALL of the essence of ALL other beings, not just you or the ones you think are worth it.

As ALL...ARE...creating, as ALL...ARE...moving forward, as ALL of this energy is coming forward now, you must ask yourself: [How do I choose to manifest?](#)

We have talked about this before, have we not? You all say yes, we've heard this. Good! Now do it! Be it. You see dearest ones, when we move forward through a time of great, powerful and masterful, very masterful, evolution, revolution, creation, manifestation...BE the *buoyant bob*.

What is the buoyant bob?

The buoyant bob is that which is able to float over any ocean, no matter what the storm. It never loses its buoyancy; it cannot be sunk.

How often in your lives have you felt that you have been sunk?

That your battleship has hurt too much?

That you heard painful news, that you felt wronged, that you felt that you should have had something, or should have done something, it should have been different, it should have been this way, that way.

How come not this relationship, that relationship, how come not this house, that house, this money, that money, has this ever happened to you or those you know? (*Audience says yes*).



Yes. Dearest ones! BE...buoyant! In the buoyancy you are able to float through ALL and realize the Divine perfection. These “shoulds” for you, if you like this word should, are the blackboard for which your little chalk can be seen. So, write a lot! Create a lot! Stand up in front of the classroom of life and teach.

Dearest children, you are all teachers, YOU...ARE...ALL are teachers¹! As you are students. The question is, how do you wish to teach? And! How do you wish to learn? To remember, indeed, IT...IS...a Divine cycle.

[Claiming the Ageless Divine Cycle](#)

You are a Divine cycle! And, YOU...ARE...consistently in the cycle of rejuvenation. You cannot age unless YOU wish it so.

You say ok, what? What? Are you kidding me? We say, no! Not at all. Allow yourself to go deep into the subconscious process that believes that you must age. Dearest children, the time is now!

The truth of your own vitality is upon you and within you.

Collectively, in the great energy around this sphere right now, there is a great belief in old age, death and dying, is there not? Yes! There are great institutions that support and sustain this belief. Yes! There are.

Many institutions support the loss of vitality as an inevitable...*interesting word inevitable*... an inevitable conclusion of growth.

Dearest ones, as your cellular structure moves forward and comes into alignment with the truth of your own effervescence, of your own buoyancy,

¹ Reference to the Ascended Triangle of Consciousness where we transcend from Victim-Abuser-Rescuer to Teacher-Healer-Mentor.



you can indeed call forth ALL vitality, ALL energy. YOU...ARE...able to sustain the body without the degradation of illness, aging and disease.

There will be a time very quickly when your energy fields must indeed escalate and pump very deeply, very quickly. Breath is your conduit. However, many, many, many are unable to take in Divine breath without great toxicity, and you know it is true. Yes!

IT...IS...important to re-cognize, you must open up other areas of breath, and we wish to offer this to you today. When you learn how to breathe in the Divine stream of Divine love and Divine one-ship, everything shifts.

*Now we also wish to give you caveat, and here it is.
Some of you must age, and some of you must complete the process you have started. This does not mean it must be uncomfortable, it simply means this is how you are teaching. You are ALL teachers².
How you teach is up to you, as how you learn is up to you.*

The Four Knowns: Number One

Understand, dearest, dearest ones, that you must first open up and firmly root the Ascended heart³ to be able to call in the vital breath of Divine connection.

The vital breath of Divine connection has nothing to do with the lungs. Nothing. The lungs are an ancillary assistance to this vital breath. This vital breath begins at the heart as a mechanism for moving, as a mechanism for energizing.

You must first also establish yourself with **Four Knowns**. May we offer you the Four Knowns? (*Audience says yes*). OK, numero uno.

² ANYONE can break FREE from the Victim Triangle/Victim & Poverty Consciousness and call forward the Law of Instantaneous Manifestation.

³ The Ascended Heart is the foundation of the Divine Galactic Blueprint. [Click for more information.](#)

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You are not your body!

You say, of course. We say, do you really know this? YOU...ARE...not your body. You, capital YOU are not, capital NOT, your body, BODY. Exclamation point! Yes! You have heard this. You have talked about it. You have shared it with many, have you not?

*Yet, have you ever allowed your body to dissipate in front of you?
Have you ever given yourself the opportunity to watch the molecular
structure of your body truly disintegrate right in front of you,
because you are that connected with Divine source?
Do you understand truly that YOU...ARE...not your body?*

Allow the energy of the KNOWING to permeate your cellular structure.

You are not your body! We ask you to rephrase that now to ***I am not my body***. Put your hands to heart. (Audience all bring hands to heart center) Can you say this? (Audience: *I am not my body*).

Oh. Very good. This time be sure to close your eyes, and with your hands on the heart, in this moment, see the ascended heart chakra expanding. Feel it expanding in your heart, feel your hands literally dissolving into your heart because the hands are only an expression of density.

Simply let your hands express into your ascended heart, as the body becomes lighter, and as all around you becomes lighter, buoyant. In this moment, quietly declare, I am not my body. (Audience repeats). Take a moment and just be the truth of knowing.

*When you KNOW YOU ARE not your body, there cannot be
discomfort. There cannot be pain. There cannot be emotional upset.
There cannot be prejudice, judgment,
or anything unlike unconditional love.*



Quietly again, I am not my body, (*Audience joins in*). Yes! Dear ones, it is time for you to truly know this. Truly live this. Whenever you feel an ache, a pain, a tumor, a cancer, a discomfort, whenever another brings that to you, in that moment bring your hands to your heart.

In that moment, feel your hands truly dissipate into your heart center, and remind yourself, I am not my body. This is “Known” number one. Take a minute and breathe.

The Four Knowns: Number Two

Yes! Yes! YOU...ARE...ready for “Known” number two.

The mind is my servant.

Oooh. The mind is my servant. (*Audience repeats*). Thank you. Sometimes the mind doesn’t want you to say that. Then who is the servant? The mind is my servant.

Bring your hand to your third eye and the Star Consciousness⁴. Yes, there we go, beautiful. In this moment, thank the mind...thank the mind. Love this mind for loving you so much, for taking in belief systems, for owning in a way of being, for offering you the gift of learning to speak, to be, to do. Love this mind for helping you navigate density, for loving you so much to try to keep you safe all the time.

You must first love this beautiful, beautiful servant! When a servant has served so well, only true appreciation can come forward. The gift of true service is that ALL of your experience and expression is easier. Everything is

⁴ [Star Consciousness is located above the third eye. You can watch Sri Ram Kaa teach how to activate this by clicking here.](#)



easier. This mind is my servant. *(Audience repeats)*. This mind is my servant. *(Audience repeats)*. And relax.

Now we will not ask you to raise your hands, however, many of your minds said “Oh yeah, sure.” *(Audience laughter)*. Many of your minds are very, very, very good masters, are they not? Who is the master and who is the servant?

Dearest children, there is only one Divine master. You are the Divine, the Master, the BE-ing-ness, the expression of light, the limitless expression. This beautiful mind is your servant. Known number two.

The gift you are receiving today through the Four Knowns is the gift of Divine vitality and the gift of the Divine expansion into the true breath of Divine oneness. An opportunity to truly put the body into stasis is you so wish, and an opportunity to truly suspend any form of what you call deterioration. Whether it is emotional, physical, spiritual, it does not matter.

What do you choose?

As you take this energy in, do not be afraid to share it with any other, yet do not force it on another, this is the difference. When they say to you, wow, you’re looking good, you can say “I am not my body”. *(Much audience laughter)*. Yes! Yes, and they scratch their head.

Then when they say no really, what’s your secret, you can say “My mind is my servant”. *(Laughter)*. Yes! This is how you share. Yes.

Dearest ones, give yourself these gifts, give yourself these gifts. Feel how much more vitality is in you already. Yes! Pay attention, yes.

The Four Knowns: Number Three



Known number three.

I keep my eyes on the Divine at all times.

I keep my eyes on the Divine at all times, *(with audience repeating)*...and have a good time doing it, *(audience repeats)*. Yes! Very good, ok, you can add the second part if you like. I keep my eyes on the Divine at all times *(audience repeats and adds: and have a good time doing it)*. Wonderful! You are teaching us! *(Laughter)*.

*We are all the teachers. You are the teachers. You are the ones.
You are the gift of light. When you keep your eyes on the Divine at all
times, everything else becomes simple. Yes!*

Everything dissolves in the light of the truth of your own being-ness.

In the light of the truth of your own being-ness, you are able to see what is happening around you without becoming grossly involved. There are many, many, many, many, many, many, **many**...yes, many on the planet right now, who are grossly involved.

Now what we mean by grossly is that they are very involved in their own understanding of what must happen on this planet. There is a belief system, there is an understanding.

Dearest children, take the word must and throw it out. Or take the word and add a "y" on the end and make it must-y. Yes. *(Laughter)*. When something is musty, what do you do? Throw it out. You open up the window and sweep it away and say whew, what is that musty smell. Yes. ***It is when you have too much must around you.*** Yes!

When you have too much must around you the mustiness can be incredibly unbearable, is it not? Yes, let go of your mustiness. Every time you declare....but I must do this job, but I must go here, but I must go there, I



cannot keep my eyes on the Divine at all times, I must do this, you are in the mustys! It is time to cleanse it out. Open up your windows and clean. There is great risk when we open up the gateways of the soul.

Opening the Nine Gateways of the Soul

The nine gates are asking to be opened. There are nine gates that you carry in this beautiful physical vessel that you call a body...Nine beautiful gates. You wish to know what they are? *(Audience: Yes).* OK, because you're gonna have to clean of all them. Many of you are already cleaning, many of these you'll need to clean more. Ready?

You have two eyes; they are gates one and two. What do you see? What do you let yourself see? What do you choose not to see? When do you close your eyes because you choose simply not to see? With which eyes are you choosing to look?

The nine gates are wide open, asking for guidance. Your Divine energy, the vital Divine connection, is the guidance for the nine gates. Your two eyes are ready. There are many right now having vision challenges. Hmm, yes. Constant tearing of the eyes, unstable vision; this is because indeed the gates are open.

When the gates are open and you choose to be out, when you choose to be awake, when you choose to be **fully** conscious of all that is happening, these first two gates will swing wide open and ask you to see differently. You must ask yourself, how are my eyes, and what am I seeing, and what do I choose to see. OK, next two.

Ears. You have two ears, do you not? The ears themselves right now are receiving many, many, many, many frequencies from many dimensions, ringing in the ears, pressure in the ears, much escalation in the ears. Many are claiming earaches, ear challenges, ear pressures. Many are having ear



and eye combo. Hmm, this is interesting, OK, two eyes, two ears, pay attention.

When you keep your eyes on the Divine at all times, (*Known number three*), you do not need the visual optical eyes and the ears become the vessel of a Divine conduit for hearing. Truly hearing.

Do you simply listen and bide your time, waiting to pounce with response or do you really listen? When the next time you are called, and you are called often, and often by those that you say this one cannot be calling me, my goodness, look what they're wearing, look what they have on their head, look what they're doing for a living, keep your ears open.

Keep your ears open as you keep your eyes clear to see the truth.

Clear eyes, open ears, four gates, five to go. Ready?

Nose. The nose offers you the gateway to the hemispheres of the brain and the balancing of the body. We will teach you shortly, when you close one nostril, when you breathe with one, and you breathe with another, you will balance the brain and call forth the Divine energy into a manner that will open up all of the gateways in their true delightful form. It is important for you to recognize this. Very important. You all know what's next, don't you?

Mouth! This is why you know what's next, you use it often. Yes, a very well used gateway. How are you using it? Sometimes the mouth is best used only in the service of the Divine. Let your mouth express love. Let every ounce of energy that comes out of you be a lotus of Divine communion. Express the truth of your own buoyancy with every word. When you feel that you must express less than buoyantly, allow that energy to dissipate. Bring it to your heart. Bring your hands to your heart and refer to Known number one which was what? (*Audience: I am not my body*).



Very good! YOU...ARE...not your body. When you feel that you must express that which is uncomfortable, re-member that you are expressing the musty's. Must do this, must have that. Musty's also go along hand in hand with the should've's.

As you use these gateways and allow them to come forward, look at how you are taking care of them. Internally, externally, spiritually, mentally, emotionally, how are you taking care of these gateways? They are beautiful gifts, offering you Divine, reverent connection and they must all be taken care of.

The next two gateways are what you call the organs of elimination. These are very powerful, powerful, powerful organs. If they are not properly taken care of, your traditional first chakra will become most dominant and you will be indeed rooted in ***densified chaos***. Where do you choose to go? What do choose to do? You must pay attention to these organs as you allow your pathways to be open, free, cleansed. A wonderful gift! A wonderful gift!

Dearest children, all of these gateways are most important and they connect with the gateway of the Divine eye between the eyebrows. Bring your finger to this point. Yes. If this Divine gateway is clogged for you, if you feel you are not receiving, if you feel you are not in clarity, if you feel confused over your own intuition, then we invite you to look at all the other gateways.

The Four Knowns: Number Four

Look at the other gateways, realizing you are not the body. The body is indeed a wonderful gift, as is this world, and that is known number four. Ready for Known number four? OK, let's first review the other three.

Known Number One: I am not my body.

Known Number Two: My mind is my servant



Known Number Three:

I keep my eyes on the Divine at all times....& have fun doing it.

And so you are ready for Known Number Four.

All is in Divine order. (Audience repeats).

These are the Four Knowns and they are irrefutable, irrefutable.

We offer you the Four Knowns as an opportunity to be able to give you this vital breath connection. Without the Four Knowns resonating at every ounce of your cells, every single ounce, you will indeed cellular-ly derail the process within, from a belief structure that tells you that this can't be so.

You see dearest ones, living in effervescent joy is the easiest, simplest, effortless thing you could ever do. Yet the mind, who is what? (Audience and Zadkiel: *Your servant*). Yes! Wants you to believe it cannot be that easy. Your mind is offering you that chalkboard for the chalk to show up on, is it not? Yes! Give yourself the gift of ***Knowing that all is in Divine order.***

When you can trust that, when you can trust that ALL IS in Divine order, can there be pain? (Audience: *No*). Good to know! Good to own.

You must understand more than anything, that for those who choose pain, and many do, for those who choose pain, for those who choose discomfort, for those who choose anything that is unlike what you may be choosing, that all is in Divine order. That is when you go to "See number four".

All is in Divine order.

This week, just this week, anytime you are challenged with something that comes forward with you, with something that does not feel in Divine perfection, "See number four". You should make a little note and you post



it on your wall with the Four Knowns. Give yourself the gift of Knowing when it is a “See number four experience”. Yes!

And when the body comes to you and says my hip hurts, my neck hurts, my back hurts, you say this is a “See number one” experience. And when the closet needs to be cleaned, it’s a “See number three” experience. Give yourself the gift, give yourself the gift.

In the **Knowns**, in the knowing, there cannot be discomfort or pain, there cannot be discomfort or pain. Dearest, dearest, dearest children, as we mentioned to you before, you are all teachers, as you are all students. How do you wish to teach? How do you wish to learn? What is it now that you express to all who are around you? In the energy of the Four Knowns you are able to be buoyant in any storm, and indeed the storms are here, now. How do you wish to be through them? Caught outside in the rain without a coat feeling sorry for yourself? Or being buoyantly joyous with all that is happening, recognizing “See number four”? All is in Divine order.

Dearest children, has not your own quest to find your own Divine soul been enhanced, been gloriously escalated because of your own Divine experience on this planet? Yes!

*All is of the light, all is of God...even what you call dark.
Let it come forward. See the balance. Love the perfection.
Be the perfection.*

[The Divine Breath of Connection](#)

Now we wish to offer you this pranic breath. OK? Good. First, we will be teaching the alternating nostril breath, so we are going to start there. Simply begin by checking in with that gateway, is it closed? If so, clear it out, prepare. Divine connection is a gift. We enter into it in preparation, and once we have the understanding and the gift, at any time we are able to enter, at any time. You ready? Good.



OK. Optimally you would want the spine as straight as possible. Yes. With the straight spine it is important for you to recognize that you are allowing all of the energy to flow without constriction. It does not matter how you are seated, some say lotus posture, does not matter, just a straight spine. This is the best. Sit comfortably, straight spine, and if you are unable to sit comfortably with a straight spine, lay down, get straight on the bed, it is OK. All right.

Now place your pointer finger on the right side of nose. *(closing the nostril)* Close your eyes, breathe in deeply, all the way up into the exploded crown chakra⁵, and then bring it all the way back down to the solar plexus and then out. Very good. When we say up, the breath must go all the way up, as far as you can and out the crown and we will introduce the second step in a moment, but let's just first this step. You will need to practice. You are not used to breathing this way. Your body will say, what's going on?

You will need to practice.

Now gently take the tongue and bring it just to the roof of the mouth. Just to the roof of the mouth while you breathe again. Yes. Feel this breath going through all the gateways. Allow the breath now to go up again, and then out all of the gateways. Yes. Very good. Relax.

Check in with your body for a moment, notice what you are feeling. Because you have just begun this breathing process, you will need to practice daily. When you get to the point where you will be able to do this complete process 1,000 times; yes, 1,000 times, you will find a great gift in the disillusion of the body, and what you would call the levitation of the form.

⁵ Reference to the Divine Galactic Blueprint.



Now take the other finger, and place it on the left or other nostril, without the tongue, just first open the nostril. Breathing in and all the way up, then all the way down on the exhale, all the way down to the solar plexus and then exhale. Beautiful. Beautiful.

When you are ready bring the tongue to the top of the mouth. Breathe ever deeper, deeper and let the air go out all of the gateways, all of the gateways. Relax. Check in. Many of you are already feeling the vortexes that have opened in the crown energies. Many of you are already conscious of this.

It is important for you to recognize that the next breath must come in from the back of the head, in the area that you call the medulla. Bring your attention to this area, you may even wish to put your two fingers on it, you may wish to touch it, you do not have to, but it is a nice thing to do. There we go. Open this area to receive the true breath of Divine energy.

Allow this energy to come in for you, breathing, see a golden stream that carries all nourishment entering toward you. This is greatly enhanced with the sun gazing, it is greatly enhanced with the breathing that we have just shared with you. And relax.

Dearest children, this complete process then finishes by closing the nostrils while you are bringing the breath in through the medulla. You will be able to do this after practice, not yet, can't do it today, most of you, and for some of you, you can. We are sincere when we say, when you wish to lift into the gateway, this is one practice that will help you do this, and it will help you hold a higher vibrational frequency. It is important for you to practice often, and we encourage you to do so.

You do not need to sit down and say OK, I'm going to do a thousand right now, in fact we encourage you not to. Start with about ten complete



cycles, then perhaps you want to do ten more another day or later that day. Buildup. Joyously. Buoyantly. Let this come in.

And so Dearest Ones, what is the First of the Four Knowns?

(Audience: I am not my body). Yes, you are not your body!

Do you wish to be free of bodily discomfort? It is as simple as choosing to remain in comfort, in harmony. Choose to be in Divine alignment.

This is so easy to do. Embrace the Four Knowns.

Give yourself the gift of breath.

***Recognize that you are the teacher, as you are the student,
it is that simple!***

We offer you questions, any questions?

Q: I'm starting to be able to slow down time, and I was going to try to use that to decelerate my aging process, along with what we just learned, does that work?

Of course! It is easy to work with time when you realize that time is only a function of the density to begin with, of course you can slow it down, and there may be times when you want to speed it up and there may be times when you say, "You know what, I'm out of time altogether". It is a good thing. Yes, of course you can do this. Many are folding time now, as the energetics of the past, present, and future are upon us with great loving, reverent energy. So enjoy, have fun, many blessings. You're welcome.

Q: Hello. I'm working on clearing imprints and I'm not sure all of them or whatever, can you help me with them?

There are four, and the four imprints are from different worlds, all four of them, one is from this world, three others are not from this world, yet they have converged and they play what you would call havoc with your brain and your mind. You must remember this when the brain calls you into what one would call depression, or what one would call doubt, which is



happening more frequently than you may be even aware of. It is important for you to pay attention.

For any of you that are feeling head pressure right now, yes, same thing bring your hand to your head. For many of you are carrying the same, not so much as an imprint, yet you are carrying the same energy. You are not your body, and all is well. See Knowns two and three.

We have offered all of you a Divine energetic opening on this. It is important for you to truly recognize that when you receive a Divine energetic opening such as this, the brain will want to engage. So remember, what did you know? (*Audience: The brain is my servant*). Very good. See, we didn't say what number, we said what do you know, and you said, you **know**, it is a very good thing. OK, any more questions?

We are complete, as you are complete! And so it is.

We wish for you to know that indeed it is a time, a tumultuous time of buoyant joy. As you navigate a tumultuous time of buoyant joy, we gift you with the Four Knowns and encourage you to cellular-ly give yourself the gift of absorbing the Four Knowns.

Move forward in your lives and remember, as you keep your eyes on the Divine, as you love this precious vessel, be in Divine humility for the great gift that you are.

Treat each other with the humble respect and honoring of the presence of one to another. Allow yourselves to remain, in the humility of the gift that you are. Dearest children, you are loved so much. You are love. You are light. You are the Divine manifestation. In your humility is your greatest gift. Be the fullness of your light. Joyously celebrate every moment and know that all is well. All is in Divine order. Know this, do not just talk about it. Many blessings.



After In-soulment message from Kira Raa:

I need to share with all of you that I'm feeling the energy of the Benevolent Ones right here, and it's like they didn't speak, did they? *(Audience confirms this)* That's what I'm getting, because they are wanting to. ***They are saying that in this moment know that all you have needed to hear, you have heard, and it is only the energy of our presence that you need to feel. We do not wish to clutter the word with more words, enough words clutter, Divine love is felt, not said.***

I'm offering them my body and they're saying, no, we don't need to come through, we just need you to know we're here. And you do, many of you already did. They keep saying that today's lesson has greater importance than you may have taken in this moment, and they're showing me like a little book and they're saying "study it, study it, there's more here than you may realize in this moment".

They're showing me this month. Yes, April, May and June⁶, many reasons to really study. They just keep saying "We are you as you are us, we are you as you are us, we are you as you are us, and we are offering you back simply a page".

They're opening up this big book like an encyclopedia and they're ripping the page out, "Just read this page, you don't have to go through the whole book right now, just this page". They're saying that today's lesson was actually seven lessons, that there are seven lessons in this lesson, and that if you go through it you will see the seven lessons, and that it is important to know this, and that they love you so much.

Sri Ram Kaa: Allow your hearts to float beyond the boundaries of this building.

⁶ This would "translate" to November, December 2020 and January 2021.



Kira Raa: It's so beautiful, they're saying they have put a vortex over what is the temple and they're showing me where we're thinking of putting the new temple and they're saying, it is already done.

It's interesting, they keep talking about prosperity of peace, and the peace of prosperity, and that it is important to call that into your heart, that you cannot have one without the other, and that to go beyond, they're laughing, they're taking these coins and throwing them out and saying go beyond this belief of prosperity.

Yes, that is part of it but it is only one small piece. And it's funny, they're using these words peace and piece, they're really playing with it.

Why would you want, they're writing on a chalkboard and saying why would you want a p-i-e-c-e of prosperity, when you can have the peace, p-e-a-c-e of prosperity, and they are complete.