



Message One of Twelve
The Fifth dimension is Now!

Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
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Archangel Zadkiel speaks:

Welcome! Welcome, Welcome. It is most divine to see all of you here today! Yes, it is good to see you again. Yes, hello. And greetings, blessed ones. It is good to see with the eyes of the stars, is it not? Yes it is! Yes, it is a gift. And it is a great gift. Yes, welcome! Many hellos for you from many.

The Gift of True Illumination

And so we welcome you here. For we are most delighted to be here in the presence of you, your energy, your love, your upliftment, and your light. It is a great gift, is it not? Yes indeed it is, when we allow ourselves the gift of true illumination.

So, when we are given the gift of the true illumination of the understanding of the power of that which we truly are, then there are no barriers are there? No. And it is time for you to remove these barriers.

It is the time for the barriers to come down!
Way too much under construction, no? Yes!
Everything under construction!

You go out, it slows you down, you think about it. You wonder;

“This sprung up over night! This wasn’t here yesterday. I knew this path, and now this path has shifted! What is this about?”

Yes! It is important to understand more construction coming, oh yes!



Very many cones in the future here?

Yes!

Be prepared.

It is cone zone time!

Yes! You are all here in the time of the cone zone and this good! It is very good! Only they do not need to be orange. No. This energy can trap. For the oranges of chakras that are no longer of great service to you as you move into the state of the ascended living. It is time for us to help you understand and so we bring forth this message to you.

You are here today because you are teachers. You are leaders. You are the ones who can carry messages. This is why you are here. This is why the ones who have shown up today in this moment to see and hear this message; receive the transmission directly. You are here because you have said “yes”. You have said yes to who you are. You have said yes to the universe. You have said yes to the service. You have said yes to the Divine. This is why you are here, and you know this already.

Some of you are saying “Oh my goodness! I don’t know if I can talk about this outside of here!” Don’t know if I can do that! “They already think I’m crazy. They’ll think I’m crazier!” Good! Cone zone! Yes!! Very important to know. Yes, very important.

We encourage you to find the truth of your voice, the wisdom of your light and the growth of your being-ness. It is time for the expansion to expand ever further. It is time for the upliftment to be ever greater. It is time for the integration. It is time for you to say yes to the absolute truth of why you are here.

The Fifth Dimension is Now!

So many say “Why are we here? What is my mission? What is my path? What do I do? Is this the right career? Is this the right boyfriend, girlfriend, whatever.” We hear this all the time, no?



Yes we do, all the time.

We are there to share with you that it is the time of perfection. It has always been the time. Yet it is the time of the unification of the one within.

It is the time of living in the ascended state. It is the time of recognizing dearest ones, you are in the 5th dimension now if you understand and choose to be there. It is not a state of being that is coming. It is not a state of being that you must learn more, do more, be more. All you simply need to understand is the truth that who you are and why you are here and that you will be able to be living in this realm now. This is the hologram and it's a fun one, is it not? Oh, this is cool... Big TV screen for us! (much laughter)

Polarity -- The Playground of Expansion

It is important for you to understand that the big screen of what you call the planet, this is the creation of the hologram that has been made available for you to experience expansion as a being of light, as a pillar of love, as one who has refracted from the Divine Oneness.

This is the playground of the expansion. And in the playground of the expansion there are many expressions.

Yes! Many!

As you are expanding, as you are light, as you are bringing this gift of wholeness to the whole, there is a great re-unification of Oneness.

A time of great joy, no?! Yes!!
You know this too!

And so, in this time of great oneness, in this time of re-unification, in this time of coming into the wholeness. You can expect much construction in the hologram. And the reason you can expect this is because there are



many within that must hold the level of polarity. And you say:
“But polarity. We’re not sure we want to be in polarity! Why is there polarity and why is there so much polarity, and why is it getting bigger? Why is it getting wider?”

We come to share with you dear ones that this must happen. This is part of the expansion. Love it! Embrace it! And jump up and down and say “Yeah!” “Yeah!” And when you do, you will understand the gift you are being given.

**For in the polarity, you are able to find the gift of light.
And in the gift of light you are expansion.
And in the expansion,
you are able to bring back to wholeness,
your own wholeness.**

You came here to experience this ability. To live in this hologram! And now we say about the 5th dimension and you say, “Oh my goodness! So much information so fast!”

This is good, this is good. You can process later, no? Yes.

And so as you go into... was that too quick? We can slow down! Okay, we take a minute. Good! We had our minute. (Much laughter) Okay, and so.. YES!

It is good to have that minute.

Sometimes it is the moment within the moment, that is the moment you are seeking for. Everyone says be in the moment, be in the now.

Go into the moment between the moment for there is the truth of who you are. You can stay focused on the Divine, and we have much to say about this. Oh yes, that is coming.



Learning to Dimension Shift

Let us first talk about the 5th dimension. Okay? As you practice dimension shifting. As you practice stepping in, stepping out. It's like stepping into a tub of comfy water. When you first get into the tub it is the perfect temperature, yes? You make it all nice, you put in what you like and you step in and go "Ahh, this feels very good, this is very relaxing, I enjoy this."

That is what the 3rd dimension is about, it's a big tub! Yes! Everyone puts in whatever they want and this is good, and it feels good and you try it on and you slip in and go "Yay, I like this!"

But if you stay in it too long it gets cold, no? Yes!

And then you start getting little wrinkly skin things and you don't like that either! Yes!! You say, "Oh wrinkly skin – no good, no good." And you're in water that is too cold, it is uncomfortable, so what do you do? You get out! Hopefully. Sometimes you stay in too long or you try to add more hot water.

This is very funny. "I will add more. I will try to make it hot again." But is never quite right the same, is it?! No! This is the 3rd dimension. It is the tub. Yes!!

It is the tub of illusion.

You don't need to add any more hot water; it is time to get out! Yes!! It's just that simple! Yes, it is just that simple. And so in the knowingness, when you know it's time to get out of the tub that feels good too, does it not?! You can put on a warm robe, little slippers, whatever feels good, and you are comfy again in a new state of being. Refreshed, relaxed. Having had the bath!

You see, you are getting out of the bath and it is time for the new robe. And the comfy slippers are indeed waiting. They have always been there. You simply need to put them on, and say "yes". Yes, dear one.



As you do this; as you give yourself the gift of moving into the truth of the being, there is only one thing you need to do. And that is to remain focused on the truth of the Divinity that you are, at all times.

Now, sometimes you may say, “Oh, I don’t know how to do this! There is so much happening. How can I stay in my Divinity? I do not know how to do this! I got a bill today. I got a letter today. I had someone say, “Hello! How are you?” You are good.

Yes, many blessings and welcome. Yes!

And so, sometimes you just say, oh my goodness, how can I stay focused on this thing called Divinity? I can do that when I’m in rooms with others. I can do that when I’m with other people. I can do that when I’m in meditation. But you don’t know where I work! Oh no!

Yes, we hear that one all the time! Do we not? You cannot stay in Divinity where I work. It’s impossible! Yes, we hear this constantly. Or, “you don’t know my partner!” Or, “you don’t know my ex-partner!” You don’t know this, you don’t know that.

Here is the key!

Stay focused on the joy.

Stay focused on the joy that you are.

In your heart is the truth of the joy of the being of who you are.

And in that joy is the perfection of every moment, within the moment, within the moment.

**Here lays the dimension you seek. Here lays the truth of your being.
You are a spark of divine magnificence.**



Fifth Dimensional Monthly Practice

And so, dearest ones, this month we come to teach you to practice! Next month we give you test! Yes!! Oh yes! You come back and say “ I don’t know if I practiced enough.” And we will say, yes you did, it is okay.

This month we encourage you to train yourself to stay focused on the Divine. Train yourself to stay in the 5th dimensional energy. Train yourself to remember the hologram. This big TV screen. Stay out of the cone zone, okay!? Yes, and so this month, what you do is you first learn to laugh at the gift of the hologram.

Now, you have coming up election? You will need to laugh much! (big laughter) Very much! This is good! Good timing for this lesson.

Yes!

Many of you will say, “I don’t think I can laugh”, and this is perfect! For when you believe you cannot laugh, is the time that you get to train yourself.

You get to say, “Yes!” Thank you for this gift.

Thank you for knowing the truth, that I need to laugh at the part of me that doesn’t want me to laugh!”

Yes! Yes, it is a good thing!

Because this part of you that tries to stop you from the truth that you are. This part of you that comes reeling back into the brain and goes, “Oh no, this can’t be right, this can’t be right, “Say, ooh thank you, I like this part. Because it took my eyes of the Divine. It gave me a moment to remember that I was losing sight of the truth. That I was focusing again on the drama of the hologram.

And so when you focus on the drama of the hologram, you be joyful. Because it is training you to remember that you have for that moment taken your eyes off of the truth of the Divinity of who you are.

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And that as you move into the truth of the Divinity of who you are, miracles happen. The flow opens. The joyous release is yours. The healing is abundant. All that you ask for is there.

Oh my goodness, then what? I now have everything I asked for. Oh, oh! Yes! It's a good time for a "oh' no? Yes!!

As we move forward into this 5th dimensional energy which is here now! Dearest children, you must know that the earth you seek, the Nirvana you create, the pleasure, the joy, the unity, is already here. It is not something you need to be searching for. It is already here.

All you must do is keep your eyes on it and train yourself to move into it.

By the end of these twelve lessons you will have stepped forward fully into living in this dimension. Into this realm. There will be many shifts in many vibratory levels. There will be many shifts in that which you create. Many openings. Yes, many releases. Many opportunities. Many challenges that will be overcome effortlessly. Many gifts and many shifts.

It is your time to embrace the shifts. You know what they say, don't you?

"Shift happens!" Yes! We find this phrase delightful!! Say it a lot! Share it with others! They say, "Oh you crazy, you doing this again?" You say, "Oh, shift happens!"

Yes! It is good thing to know, it is important to pay attention to as you move forward in carrying the gift of the truth of who you are. As your eyes stay focused on your Divinity.

Anytime you know you are in lesser energy you say, "Thank you! Oh that was cool! Yes! Look what I just did. I took my eyes off divinity, very cool! I will have a celebration! Yes!"

You must release any self-doubt. You must release any self-challenge. And ANY time it comes up, give yourself the precious gift of thank you. Know that the truth of who you are with unabashed joy.



Share it, know it, and be it. It is important, for as you must know, we talked earlier about the orange cone, you remember? Small test, you passed, very good. Okay! Good! So we thought you weren't here, you come in later. We talk about green, yellow, and orange, oops, those are coming later! We talked about orange cones. (much laughter)

Releasing the lower Chakras

Okay, so we talked about the orange as the chakra that must be released. So must the red. So must the yellow. The red, the yellow, and the orange, dearest children are chakras of the third dimensional realm. For many years many have said, "send the energy down to the planet", yes? You know this, "let us ground the cord down into the planet."

Dearest children, it is the time of the release. It is not the time of the holding tight. Yes, we hold on tight; we can have really interesting things happen with these bodies, no? Oh, yes! Yes you can. We know some of you do! Okay!

And so, as you have these red, orange, yellow chakras, they are calling to you. They are saying, stay here, resolve me. You must be worried about safety. You must have fear. Or you must have all these other issues around you.

No you must not. The only issue for you to ever pay attention to is one that takes you away from the truth of your joy.

And when it does, it is important for you to remember the truth of who you are by saying "thank you" to that which took you away from the moment. You see it is a circle, is it not, and is in complete perfection.

As you start releasing these chakras, they will always be present, because you are still here, yes? Well, sometimes. Yes, we see you, yes we understand because we understand sometimes you are here, sometimes you are not, but it's okay. And so when you are here, these chakras are very good at helping you have what you call body vessel.



But this is all they are good for; is to help you have the opportunity to walk, to process, to enjoy.

Activating the Root Chakra of the Ascended State

The true root chakra dearest ones. You take hand, right hand and place on your Heart. There it is! This is the root chakra of the ascended state. This is the truth of who you are. This is the root. It is not the other root! That is the root of the 3rd dimensional experience. Any decision, anytime, any issue, any opportunity, you start here, and go up from here. This is what you are activating.

The root is the heart chakra of the ascended state. The truth of who you are is the second chakra (*current throat chakra*). When the heart chakra and the truth chakra are united, only joy can come from you. Only joy can be you.

The ego wants to say. “I don’t know how I feel about this!” That’s those other chakras! Oh yes! See, you think it’s your mind, it’s those other chakras controlling the mind. And it is the mind more accurately controlling those chakras.

Yes! Your mind is a beautiful gift. Yet it is your servant. If you are living from the true root. If you carry the root energy of the heart into all that you do, then you are able to effortlessly release the mind back to servancy. It must be your servant.

It is good thing to remember that the mind is your servant. You are not the servant of the mind. So anytime you find yourself being a servant of the mind, you say, “Hmmm, which one of these chakras, red, orange, yellow have a grip on me?” Because it one of them! Always. And all you need to do is take your hand to your heart.

Yes, dear child, you use this one a lot. Okay? Yes. Take your hand, yes, very good, very beautiful. And as you have your hand to your heart, you release the fear, you release the anger, you release all that has trapped



you in the density of the third dimension. For this is what keeps you from seeing and expanding into the truth. And sometimes the ego will want to argue with this and sometimes the ego will just say, you know what that person said today? Nah, will not work for me. Okay, cool. This is good.

We are offering you an opportunity to come here to stay in the heart. To stay in the true root center of the ascended state. Because the heart and the truth together only brings joy. This is all it can bring.

And so when it is unlike joy. You have heard us all say, if it's unlike joy, what'cha doin' it for? Yes!

So if you have the heart, and you have the truth together, one, two, it is a natural thing that you have the vision of the universe in front of you. Yes!

You desire to see the universe, you desire to fly, you desire to connect, you desire to be more as one. One, two, three, yes! Then we go to four. Simon says. Yes! Very good! Yes! This is most fun! We have good time. And beyond.

It is our gift to the world that we teach you, the teachers, how to be able to bring others into living in the true center of the ascended state. For when you give yourself the gift of living from the heart, and this is the first. This is the way you begin. And you begin by training yourself.

Okay? So this month you train yourself. Every time you are not looking at your Divinity, what'cha gonna do? Yes! Very good! You're going to go right here and say, oh that was cool, but okay, I'm back now, even cooler.

Yes!



And so it is about accepting the own perfection of your development, the perfection of your openness, the perfection of you being-ness.

So that you may indeed share with many. So you may indeed lift to that which is your true Divinity, without any fear. Knowing that you are divinely supported. Divinely protected. Loved beyond measure. Lifted. Elevated. It is your time. It is your time.

And as you move forward into living here. Know that we will start teaching you how to integrate, carry out. Bring this.

Open the true visioning. Open to the true receiving and go above.

The New Chakra System of the Ascended State: The 12 Cycles

There are 12 chakras dearest ones, in the ascended state. Today we have taught you one, the root. And in the joy of finding the root of the ascended state, you have hopefully the joy of saying, “no cone zone for me!” No, no, no!! I do not need the construction! No. And you will have many opportunities in the next thirty days to practice this. Many. Many, many, many! And this is perfect, is it not! The more practice you get, the better you get! And so today, we offer you the gift. Because it is always an offering.

It is up to you to say “yes”. It is up to you to say whatever you wish. And so today we offer you the precious gift of coming into the truth of who you are in the ascended state. So that you may effortlessly move into the 5th dimension. Without any challenge. So that it may be simple. It may be effortless. It may be the truth of who you are.

Dearest ones, know this, that the time of the great release of the third dimension that you will all witness. Very fun. It will all be in an instant. And for those that are living in the truth of the ascended state, for those who understand staying focused on the Divinity, it will be as if nothing truly has happened.



It will be as if you got out of the tub and found those slippers. Yes! You do not need to keep adding hot water! No! Get out! No wrinkly skin. Just be, know, do, experience. And between now and a very short then, celebrate.

Celebrate your truth. Celebrate who you are. Celebrate the gift you bring to the planet. Celebrate the joyous opening that are facilitating for others. Celebrate knowing. Celebrate being. Celebrate connectivity. Celebrate joy. Celebrate that you have come together to the home that you call you.

Give, be, allow, trust, know, love, love, release, open, be, know, do, remember. All of this is for you. All of it.

This is all when we just hold hands and do a little joyous dance, no? Yes! Happy dance, very good. And so we encourage all of you to be in the happy dance. For it is a celebration and the twelve cycles of the sun, of the moon, are very important. We talk more about twelve cycles of the sun later.

The twelve cycles of the moon that have just begun will offer you an escalation in energy that would be equal to twelve cycles of the sun previously.

This is how quickly things have come together. You will do in a month, what used to take you a year. And by the end of these twelve cycles, you will be doing in a month what used to take you ten years. It is moving that rapidly.

You are able to escalate with it.

If you feel anything that is unlike joy, if you feel effort. If it seems hard, if is not in flow, then you will know these first three chakras have grip on you!



It is important to say, “okay, good lesson.” I can now say no. I can now say “yes, to the truth of my heart.” The truth of the ascended state, the truth of who I am, and move forward. Move into glorious one-ship with all being ness. This is what you are. This is where you have come and this is the gift you are bringing back, is the wholeness of the glorious one-ship that you are.

We honor you! We love you. We will take questions if you wish. Any questions?!

Live Audience Question: Could you talk about sacred union? It feels like the energy on the planet now is bringing in balancing of the male and female and bringing relationship to a higher frequency. And many people are not able to be in it. I just met my twin flame and he couldn't hold it, so we separated. But, it feels like my work now is to prepare other people to shift into that energy. Could you say something about what it is.

Archangel Zadkiel responds: Oh, yes!! We love talking about this! One of our favorite subjects!! Oh, yes! Relationship and sacred union! When the Kira and the Sri Ram Kaa came together in their sacred union, they agree to hold that space for the world, for the planet.

So this is very much part of the mission of self ascension, is to offer the gift of sacred union. Now what is sacred union? Hmm, there's a definition! Okay.

Sacred union begins with the understanding, the deep understanding of the wholeness of the self. And this is why as you say many are unable to hold energy. Many come together and can't seem to be there. Yes, in the time of escalation, there are many who are coming into sacred union. Some are coming into sacred union in partnership. Some are coming into sacred union in alignment. Some are coming into sacred union with the truth of those they are meant to be with.

There are many forms of sacred union.



It is not just a relationship. It is all about the balancing, not so much of the man/woman. It is a balancing of the masculine/feminine energies. And this is an important thing to understand.

It is energy balancing. It does not matter, man –man, woman – woman, this does not matter. What matters is the balance of the energies.

And so as these energies start balancing, egos get very flaring!

Because egos enjoy imbalance. Egos flourish in imbalance. This is how they get more control. And so as one comes into union of the wholeness of the self, the first thing that will happen, as the balancing of the energy comes in, the ego will indeed flare. Especially when one is in the presence of their beloved partner.

This will do it quickly! Ooh, yes! You get in with your partner and you be very, very egoic. Yes, and this is important to understand, because if one has taken in the wholeness truth, if one has said, “Yes! I understand the gift of being in wholeness.” Then when one is with the sacred partner, the sacred partner can mirror that wholeness.

And when the ego comes up, it is the opportunity to clear, move forward, and come into union. Also know that when one is together and one cannot hold space at that time, each still has the opportunity to be in sacred union, evermore.

With the truth of the knowingness of your own wholeness. There is always a gift, dear one. And as we move into sacred union, it is directly tied to our ability to be in self-ascension.

What is self-ascension?



You might as well have asked, because it is also what is sacred union. They are one in the same. As one allows themselves to ascend back to the truth of who they are, to live in that state, to keep the eyes on the Divinity. To open up the heart chakra as the root chakra. To move through the four steps.

There are four very simple steps to do this, and you know are?

Number one: Be in union. And this is confused often. Be in union is about being in union with you. It is not about the partnership. Because you must first be in union with your wholeness; understanding the truth of who you are.

Then you must release judgment. Oh, this is hard one! You judge constantly here, because you are in a judgmental world! And so, as you release the judgment, as you move forward. You are able to hold the space of union and not bring judgment into any relationship.

And then of course, you must have the unconditional love, that begins with the self. And unconditional love is a practice, is it not!? We're gonna talk a lot about this one next month because it's directly tied here, (*places hand between heart and throat*), You all thought it was here, heh? Fooled ya! It's actually here! Okay?

So we talk a lot about this one next month. Because you must first train here, before you can go here, or here, or anywhere else. And this is the gift your relationship has just given you!

Dearest one, you should be doing the happy dance!

Yes!

Because of all the gifts that have been given to you, you are now ready, and there will be another. You must know this too.



**Know how loved you are.
Know how many blessings are poured forth over you.
Know your Divinity. Know the gifts you are.
Know the gifts you bring to the world.
Know the healing you can offer through the self and to others.
Know the truth. Be. Love. Have no fear.
Move forward. Walk with the courage that you are.
Be the truth. Know the wisdom. Unlock your own divine power.
Keep your eyes focused straight ahead. Do not look side to side.
Give yourself the gift of training. Knowing. Being.
Gift yourself often, because you deserve it! So do you! And you!
And all of you, of course!
You are a divine child of wondrous light and we are happy to have
seen you.
You keep doing and do more. It is a time of joy.
It is a time of re-union. It is a time of communion.
It is a time of divine connection.
Many blessings! We love you dearly!! Many blessings!**

