



The Twelve Lessons of Oneness
Message Four: Unified Consciousness & Magnetism
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Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa

...this series of twelve Insouled messages are the FIRST called forward at the direct behest of The St. Germaine It-Self¹.

Bring a hand to your heart and ignite a deep Avesa Breath...let it out with a smile...

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*It seems so strange... that students seemingly have difficulty in focusing...both the anchorage and re-cognition... of the Limit-less Power they wield when they say, **I AM**.*

*When the intellect... which is the outer activity... KNOWS this; **then**, the students should intensify this KNOWING with ALL their power... through the intense feeling of the **Truth**. Then! They ignite the added speed and Power **into active use**.*

Dear Students. YOU... have arrived at a “time” when YOU can use this Power with great authority. Free your-selves from the chains of limitation that have bound YOU so long.

Set about with JOYOUS determination and put your house in order.

If you were receiving a distinguished guest, you would spend days working earnestly-cleaning, washing, polishing, and preparing for this guest.

¹ This document is the direct UP-LEVELLED and UNLOCKED body of wisdom unifying these streams once more into “one” from the “all”. Gift your-self and relax into this experience as the single flow of energy IT... IS. The content recorded is exactly as called forward during the Live gathering of the Yoga of Self-Ascension community. It is strongly advised to first read, and then watch the video.



How much more important it is to prepare for this Great Master of Love and Peace! The Master of Consuming Fire that dwells within YOU... and, controls the element of fire.

*When one thinks of Mastery of the Fiery Element... IT IS... the Flame of Creative Fire **within...** that is calling for Assistance in the quickening of this Creative Power bringing unimaginable results.*

Archangel Zadkiel speaks:

There IS... a BE-loved master with-in each BE-ing, is there not? Yes! IT IS... with a joy-full hello and buoyancy, offered to each and every ONE of YOU. IT IS... indeed, a great momentous occasion, when ONE arises and celebrates the re-cognition of unified consciousness. Having arrived through the stream of a heart of Ascended Awakening, Ascended Opening, and Great Presence.

In great presence there is great love! With great love there is great presence.

What is it to carry great presence?

IT IS... a magnetism. IT IS... an opening. IT IS... the re-cognition of complete unification with the energetic field of matter that has created the form YOU...ARE... now.

The bodies you carry... now... are very magnetic. They have re-alion-ed with the great magnetism of the Earth. YOU...ARE... becoming most sweet, yummy-full and complete. YOU...ARE... in the presence of the magnetic strata that ignites the divine portal of re-cognition. IT IS... birthing an opportunity to release ALL illusion...ALL illusion. ALL illusion!

When ONE re-cognizes the profound expansiveness of All-ness, in conjunction with ALL illusion, it can be at first a “mind freak-out”. Yes. The mind considers much. If ALL in this world is truly illusion, what is beyond this world, BE-loved ones?



What is this world? How is **your** participation, in **this** world, the greater gift? And, perhaps your heart has opened to let you know.

***YOU...ARE... the great participant and the great gift.
There is no separation between the gift and the participation.
Your participation IS the gift, as the gift IS your participation.***

What is Healing?

YOU..ARE... at a time when many are seeking great healing, are they not? This is happening in many ways. Heal the mind. Heal the body. Heal the soul! IT IS...the word “heal” it-self needing to be healed. Yes.

Great perceptions and mis-perceptions exist surrounding what IT IS...to BE healed. Perhaps, IT IS... to BE “wholed.” To BE in the wholeness of ALL-ness is the re-cognition of the understanding of the perpetual great magnetism YOU...ARE... calling forth now from deep within the center of the universal stream of consciousness.

***We offer this because YOU...ARE... shifting in a way and manner,
that for some physical bodies, may be uncomfortable.
There are new energies, as there are ancient energies.***

What is new? This is another word that can be limiting. To attribute as new, is a belief. To offer into a stream of consciousness, that which has not been before. AND... ALL has ALL-ways been.

ALL all-ways IS. ALL will all-ways BE.

Classification is a concept of density. It is born of ALL-ness in the re-cognition of the unification into Oneness. ALL that is old will all-ways be new again. IT IS... a cycle. ALL that is, has all-ways been.

Claiming Your Passionate Power

There is great magnetism birthing forth from your world. For many, this is experienced as if your own volcano. As a volcano builds and builds, and sits in



dormancy, what happens? It blows its' head off. Yes! Perhaps it is the time to blow your head off! Yes! A great eruption and passion of your power!

The passion of power comes from the Passionate Ascension of the portal known as the solar plexus.

Bring your hands to your solar plexus now. The seed of the solar plexus, in its' Passionate Ascension, ignites a crucible whereby YOU...ARE... the magnetism and the magnet... the magma of the Universe inviting the opportunity to birth. To BE passionately intertwined with the DNA that carries a body, to be re-leased, loved, re-cognized, opened and cherished.

As you feel into your solar plexus, close your eyes if you like, and notice... what color do you see? Let go of color as you've been told it should be. As you touch into the space of your own solar plexus, what color do you feel? What color do you experience? What color do you see?

In this passionate crucible of the solar plexus, YOU...ARE... creating a magnetic field that will re-leases the dormancy to Universal connection. Now, call forward a deep Avesa breath, and bring your hands to your heart.

As your heart stabilizes as a root center of Ascended energies, in a world that is magnetized within the central layer of the Milky Way, IT IS... the passionate crucible unified with the energy of the Ascended heart that places the great magnetic principles into action.

Magnetic Principles in Action

What happens with magnetic principles? Bring your hands to your forehead and breathe up that which you have experienced in the passionate crucible of the solar plexus through a stabilized heart center.

Feel the "wind" move through your head. Feel the gift of Divine In-lighten-ment as "Lightenment". Feel this energy buoyantly lifting. There is no chair, there is no body, there is no room...there is the Divine center of the universal re-cognition of ALL that



has ever been, pulsing through you, as you and with you. Take a deep breath and relax. Yes.

This precious gift, this opening to the magnetism, is power-full when practiced often as it a-lions YOU with the magnetism.

In your world, there has been much experimentation with magnets. Use a magnet for this, use a magnet for that, it will do this, will do that.

YOU ARE the magnet! YOU...ARE the magnet! YOU...ARE... the magnet!

YOU...ARE... the positive and the negative, the light and the dark. YOU...ARE... the magnet. YOU...ARE... both poles. When magnets come together, in what many call the wrong ends, what happens? They repel! They fly away from each other. Reverse them, and what happens? They come together.

BE-loved ONES, this IS, indeed, your energy field. A great magnet in the Universal consciousness a-lioned with the central core energies of the Universe. Perhaps we should say remembering the central core energies of the Universe, because YOU have all-ways been and you will all-ways BE.

As you are practicing conscious recognition of the magnetism YOU...ARE? Ask, Am I repelling energies that I seek to attract? Or, am I getting them to stick like glue? What is it you are bringing into your conscious field now?

Perhaps you say: I wanted to attract, (bring it to mind), or, recently I sought to attract to my life (bring it in). .. follow through the process. What brought it to your consciousness to begin with? Why was this something to attract? How have you followed through? As you brought it or not, what is the next energy...not the thought...the energy...that is behind it, with it, a part of it?

BE-Loved ONE, the energy of your magnetism demonstrates the truth of your heart in Ascended space. Your words will not do this. IT IS... the energy of your magnetism. Those around you will stick or repel based upon the energy of their heart, in a-lionment with the magnetism and the frequency of the joy energy BEing demonstrated.



Magnetism and Universal Flow

Perhaps you start a little project, a big project, it does not matter. You start a project, and reach out to create the finished product. It could be as simple as making a cake. You first find the ingredients, then the way to cook it, etc. Or, it could be a big project that involves many people, it does not matter.

Where is the energy magnetizing around the project? Where do you find sincerity? What becomes effort-less? What becomes challenging? Are the who's, or the what's needed for the project a-lioned on a consistent basis?

Perhaps the cake made you sick when you ate it. Pay attention. Perhaps you started the project with many happy people, and not all follow through. Pay attention. Every aspect of ALL outcomes is a reflection of your own energy field seeking wholeness and resolution... now. It is the magnet flipped to the other side. Go to the solar plexus first.

For example, in your world right now, there is a big solar plexus expression. Big! The seeking of power, dominion, the seeking of....Yet, when one feels into the solar plexus in the Passionate Ascended form, staying within the magnetic field of that which has come forward, balance restores.

What do you seek in this magnetism? What is your magnetism expressing?

In the re-cognition that YOU...ARE... the magnet, YOU... express greater forms of discerning joy as effervescence. The state of re-cognition and way of being that consistently lifts ONE into Divine realms of power through union with the universal understanding of magnetism through ALL that has ever been, as ONE returns into the One-ness of ALL that IS.

To re-cognize your truth, and express it, a-lions your magnetism into universal flow, offering YOU the effervescence to float in the time of re-a-lionment.

Experiencing A-lionment

When one has a crooked spine, does it not hurt? Yes. When one has a slipped disc, do they not cry out. Yes, they do. Your world has a slipped disc or two. It is crying



out. The spine of this world seeks to be re-aligned. As the great chiropractic adjustment occurs, many will feel refreshed and relieved. And, **many** will not understand.

Magnetism is a gift as ONE a-lions with the understanding of the universal preciousness that YOU...ARE. A precious bird. Each carrying an energy of this world, in integration of the universal streams of consciousness, that have forever flown in many beautiful harmonic ways.

***How do YOU wish to be?
Where are your a-lionments?***

As your world dances with this great universal stream of harmony, IT IS... your turn to dance again! To BE the magnetic understanding and a-lionment. Walk with each step as the presence of Divine balanced harmony. With each footstep offer into the earth an adjustment that says: "I am awake, I understand. I am awake, I understand. Thank you". BE present.

This adjustment is subtle and soft. It is not a big whap. Your world right now... is confused of the message being sent to her. She can only respond based upon her ability to understand what it is you are asking.

Clarity arises as your magnetism is enhanced. YOU ARE... divinely supported in ways that are beyond a mind.

Universal abundance is limitless, as are you. In the universal limitless of ALL abundance, be clear, be a magnet, pay attention. Be passionate in your ascension! Bring into the fiery crucible of your solar plexus ALL the pain, ALL the hurt, ALL the confusion, and say be gone. Transmute. Bring it in. As you hold the energy and invite transmutation, lift up into the heart, breathe up into the center of the forehead, and activate the pituitary saying: "Hello. Hello. I AM... a Divine BEing of great light. BE-loved Earth, feel me with each footstep. I have arrived! I AM... here... now." And so, IT IS. And so, YOU ARE.



Question from the audience:

I'm feeling my energy is blocked, and preventing me from moving forward in different areas of my life. How would I best go about removing blockages and moving on?

This is a power-full question! Many, many... right now in your world, are feeling blocked. You ask this question for many. KNOW that as the great energy of magnetism anchors, often one feels blocked because of a need to balance the poles. There are three magical ingredients! Yes, we love this!

***Magical ingredient number one is your breath.
Magical ingredient number two is the salt of the sea.
Magical ingredient number three is water.***

Find a little pot for your feet. First put in sea salt, dry. Then put your feet on the salt, and really rub them on it. Really rub them on it. Then, keeping the feet on the salt, pour in the water. As you pour the water, bring your hands in front of the face and breathe into them with sincere focus. Release into the hands ALL that is like little balls of tar in the energy field. Then, bend down and place them in the sea water with the feet. Breathe AVESA... again and again and again. You will be most delighted.

**May ALL breathe deeply.
Empower your magnetism. Empower this time on the planet.
Your world is moving rapidly and you are moving rapidly with it.
Re-member! YOU... chose to be here.
Re-member YOU...ARE... the light of the Universe, and what YOU do matters.**

**Be present and open your heart.
When those around you are unable to open their heart, open your eyes and smile, thank them within your heart for helping you remember the truth of who YOU...ARE. IT IS... their presence, and through your presence, that they will remember who they are.
Consistency dear ones...gentle chiropractic, no wrenching backs. OK? Good.
And so it is. Many blessings beloved ones. Yes.**