



Message Nine:

Discerned Awakened BEing-ness

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TOSA La Laguna, Lake Atitlan, Solola, Guatemala

Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa

...unlocked at TOSA Blue Mountain, Ecuador, December 13, 2021

The Essene Brethren share through Master Lady Kira Raa:

The Essene Brethren Speak:

YES! IT IS... with great and reverent joy that we ILLUMINATE, today,
to welcome... YOU. Indeed. Welcome, to this...
great and glorious Divine Reunification.

*YOU are here...experiencing an energetic stream of consciousness that
has been coming toward your world through many, many, what you
would call "galaxies" for many, many, what you would call "eons" ...
In the eons of light-based existence and extra-ordinary journey.*

We choose these words, *extra-ordinary journey*, as a great and precious
understanding and re-cognition, that through this stream of illumination,
through the streaming cavalcades, another word we choose intentionally,
this extra-ordinary journey is:

*ONE... that IS... indeed, re-cognizing the many steps,
as ONE step... today. We welcome thee.*

We welcome ALL of Thee to BE present.

To BE understood as YOU understand.

To BE a one-hearted re-cognition that ALL IS... Divinely guided.

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We simply say breathe, BE-loved ONEs. Breathe. In your world, the gift of breath is a great gift; is it not? Breath is a great gift of Divine Presence, and... IT IS... a gift of Divine dispensation.

To gaze at a leaf.

To gaze at a tree.

To gaze at a flower, at grass, dirt and water.

To gaze at ALL of the elements of your world... now.

To gaze at ALL the element of the Earth world now,
is to gaze into the eyes of your own Divine BEing-ness.

This is, indeed, an expression of your heart in many ways.

Introducing Discerned Awakened Being-ness

To express from the heart¹, as part of the journey of the experience of this specific form, is to re-cognize the great EsSeeNah Presence of the Discerned Awakened BEing-ness ... Discerned Awakened BEing-ness ... Discerned Awakened BEing-ness².

*To BE... in a Discerned Awakened BEing-ness... is to re-cognize that,
Indeed, YOU... ARE... HERE!*

ALL that we have shared until now, all that we have offered, is
NOW...ready to BE! Tied into a package, a present.
Delivered at the doorstep of those who YOU re-cognize through
Discerned Awakened Being-ness.

Remembering **Discerned Awakened BEing-ness**, indeed, may trigger or
initiate a great understanding from the perspective of the brain.

¹ As the Ascended Heart becomes the expression that is animating the form, the Divine Galactic Blueprint Stabilizes and your ascended chakras ignite thereby holding open the portal for Ascended Frequency stabilization of Multi-dimensional Conscious Awareness.

² This is the full embodiment of Divine Mastery Presence through the Yoga of Self-Ascension. I AM as YOU ARE.

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We invite YOU... now... to open the Merkabah of the face³. Place one finger at the top of the forehead; and one finger at the base of the throat.



<https://sriandkira.com/merkabah-of-the-face-video/>

These two fingers are the points of the energy that begins the swirling of the Merkabah. Then, indeed, there is the stabilization of these two pyramids at the eyes and at the mouth.

As YOU initiate the swirling of the Merkabah of the face, YOU release great congested negative projections.

For in your world, now, discernment is clouded by negative projection.

As YOU receive our sharing, invite the brain to understand this is not a negative projection in the implication that there would be a positive.

IT IS.... simply a revelation of Divine fact. Words that we offer come from a brain that seeks understanding only. Transcend that brain and receive the revelation through the gift of your Divine Mastery Presence.

Understanding Divine Discernment

Arising from the neutrality of ALL energy is a negative Projection energy stream. This is attracted by the magnetism of your planet and waits for an opportunity to discover an energy stream that welcomes it in.

It cannot come in without an invitation.

And, without discernment, it ALL is available to come in.

³ For complete information on the Merkabah of the Face, refer to Lesson Eight, of the Lessons of Oneness Series.

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As you cleanse your body and spirit, and walk with Divine Mastery Presence, the great gift of Divine Discernment cleanses YOU from these negative projected energies.

These negative projected energies are indeed, part of ALLness. A transmuted energy through the gift of Discernment. One of the great three re-cognitions of the mastery journey. There are many re-cognitions that arise. These three, **Discerned, Awakened, BEing-ness**, are why WE ARE... Here... Today.

Egoic Stamina

Through the gift of discernment, the egoic filter will first offer YOU the stamina of great tenacity. The egoic filter has great stamina. Often it has greater stamina than the physical body. This is why, when the egoic filter rises, the physical body may get tired.

Notice when you are in an interchange of ideas, energy or conversation.

Do you feel energized, or do you feel depleted?

The egoic filter will all-ways deplete because of the rich stamina it has.

The energy of beauteous discernment will all-ways energize, it contributes and does not take. It offers balance energy.

Discernment is balance.



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Relax and offer to your-self... now... what is called a visualization.

Close your eyes, if you feel so called to do so, and as YOU invite this gift, call forward from the mind an interchange that perhaps was not as comfortable as you would have wished it to be. Refrain from dwelling on specifics of the interchange. Simply NOTICE how your body felt afterward.

Did it need to rest from the interchange?

Did it need to eat because of the interchange?

Did it need to go lay down because of the interchange?

Did it need to take a break because of the interchange?

Did it need to recuperate because of the interchange?

If so, indeed, the egoic filter ignited the stamina of the ego. Thereby establishing its energetic pull as amplified by the egoic stamina, the exchange literally depletes your energy.

This is outside of judgment.

IT IS... the re-cognition of the great gift of discernment.

*The great gift of discernment as an EsSeeNah practice,
illuminates ALL of the other practices.*

Today is your present! IT IS... wrapped in beautiful paper with ribbon and placed at your feet⁴. If you wish to receive this present, illuminate your discernment and empower the stamina of discernment. Energize, re-energize, sustain, revitalize, rejuvenate and continue the energetic stream around YOU with positive harmonic balance.

This IS discernment. YOU understand now... Yes?

As YOU breathe... in-joy a deep, beauteous Avesa breath as we share the second energy of the journey.

⁴ Placing this gift at the feet is an important discernment! For the EsSeeNah ALL healing Begins at the feet. Therefore, the GIFT BEing offered is to heal ALL! To fully claim and restore your vital life force as the Divine Mastery Presence in form!

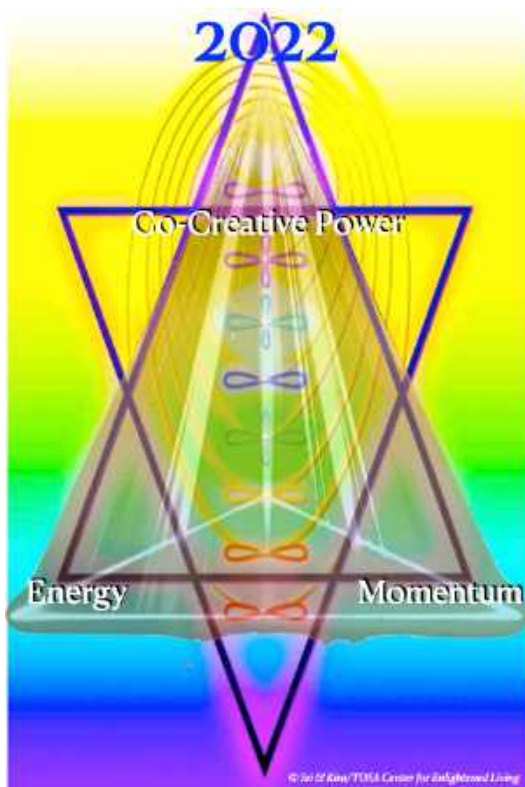
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Anchoring, Understanding and BEing Awakened

Remember: *Discerned, Awakened, BEing-ness*. These three, each as their own, are ONE. Discerned, Awakened, BEing-ness. IT IS... a trinity that creates an uplifting, rising energy as Discerned, Awakened, BEing-ness.



Close your eyes and receive this phrase;
Discerned, Awakened, BEing-ness.
Experience and feel a radiant golden pyramid energy emanating from your head as part of the spinning Merkabah of the face. Discerned, Awakened, BEing-ness.

Feel this energy radiating around the Merkabah. Feel this energy radiating around the pyramids.

Notice and feel a central warm energy as it energizes and arises.

YOU ARE the illuminated empowerment of the stamina of discernment, fully anchored, understanding, and awakened.

*To be awakened does not mean to be awake or that you are awakening.
There is, indeed, a great difference.*

...And we are not playing with words. We are offering YOU, and we giggle here, the discernment of the words.

Discerned, Awakened, BEing-ness. To BE in your awakened state is living as the Divine Mastery Presence, Fully empowered with the stamina of discernment in all-ways.

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IT IS... vital, indeed. IT IS... a blessing YOU ARE awakening, and awake. To BE awakened is to have fully empowered the energy of extra-ordinarily beauty-full, buoyant and full-filling stamina from a place of balanced harmony. This arises through Divine Mastery Presence discernment.

Your breath is a great, balancing energy, indeed, offering YOU the presence of balance. The presence of balance. As YOU offer your-self the presence of balance, YOU become awakened anchoring.

Being awakened means YOU no longer focus on awakening. YOU ARE... in the discerned experience of claiming the stamina, energy, and ability to keep walking your Divine Mastery journey.

Discerned, Awakened, BEing-ness IS the journey of EsSeeNah. To BE this presence with great humility. To carry this presence with the smile of understanding, without the need to contradict or dive into the energetic flow of negative direction.

KNOWING YOU ARE...the living law of instantaneous manifestation as the discerned positive re-amplification of energy.

Energy Re-amplification

YOU ARE, indeed, a beauty-full BEing of Divine Illumination! ALL actions experienced when you first awake, and ALL actions experienced as you are awakening, are important vital actions that have brought YOU to the time of the awakened⁵.

To be awakened, YOU have embodied, ignited, breathed and discerned with Conscious Awareness; discerning energy. The stamina that comes forward as a servant of your mastery with the anchoring of discernment.

⁵ This line is extremely important to notice. It is the reference to the Sea of Neutrality that has called you into this specific timeline in this specific moment of ALL potentialities. IT IS BECAUSE YOU ARE...the YOU ARE HERE...NOW, by choice.

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Discerned, awakened, energy. Before we move on, BEing-ness is often misunderstood on this planet. Discerned awakened energy declares, *I AM clear on the actions that invigorate energy.*

An action that invigorates energy invigorates with buoyancy and the recognition the action benefits and offers another the gift, the present. Always serving ALL. Remember? This is the day of presents. The gift of remembering Discerned, Awakened, BEing-ness.

*This does not mean you say yes because you want to say yes.
It means: I love you enough to share discerned awakened energy;
I love you enough to be clear; I love you enough to re-cognize that
ALL healing, ALL whole-ing, ALL interaction begins through the
ONE who is standing in discerned mastery presence while others
may jump up and down.*

Through this gift, YOU move forward. EsSeeNah have moved forward for many eons. Silently and unrecognized by the illusionary worldly experience, and the energies and practices of the EsSeeNah are deep within cellular memory.

The Awakened Energy of Being-ness

YOU are listening, reading, or seeing this, because deep within your cellular memory as you would close your eyes, YOU notice the energy of Divine discernment up-lifting YOU.

Feel the awakened presence carrying YOU. Experience beauty-full revitalization, stabilization, and harmonic balance entering forward again into this radiant potentiality within the linear experience of time.

YOU will gladly see that the joyous buoyancy is here! BE-Loved! It brings us to BEing-ness. What could be any-thing other than discerned awakened?

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IT IS... a BEing-ness, *the* BEing-ness. This is beyond a definition or something to Google or look into the dictionary.

BEing-ness IS. And! Discerned, Awakened Energy IS BEing-ness.

BEing-ness IS... as Discerned Awakened Energy IS... BEing-ness.

IT IS... a great cycle.

This cycle is also the cycle of the age that you are in now.

Many call forward an Aquarian experience and have wrapped great energies around words and definitions that have been offered. ALL are great gifts.

Now! Invite your-self to expand!

Feel your heart expanding out as if it is wings. Reach your arms out to your sides. Reach them out far and wide. Feel your chest open and stretch. Stretch your fingers out wide and stretch. Let the head go back as the wings of the heart open. Discover YOU...ARE READY to transcend the limited perspective of what these words, what this age is meant to be. Discover within your-self, Beloved ONEs, the universal Divine stream of constant connection that has brought YOU to this Discerned, Awakened moment. Now.

Breathe in deeply. Re-cognize that YOU do not need to be a phoenix when YOU ARE arisen, stabilized, and KNOWING, that YOU ARE... EsSeeNah.

As you breathe EsSeeNah, and walk with the presence of ALL that has been offered, into Discerned Awakened Being-ness, YOU notice you are flying. Your feet go lightly, as your Divine Mastery Presence anchors.!

YOU breathe EsSeeNah as YOU ARE EsSeeNah.

Fully understanding EsSeeNah, words are no longer necessary.

And so, IT IS, BE-Loved ONEs.

And so, YOU...ARE.

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