



Message Seven: Reverent UP-LIFT-ment

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TOSA RANCH, New Mexico, USA*

Through Wisdom Teacher Sri Ram Kaa & Master Lady Kira Raa
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The Essene Brethren share through Master Lady Kira Raa:

YES! Hello! BE-loved ONES. IT IS... a great and reverent moment. Each ONE, celebrating the presence of another: with clarity, joy, and reverent up-lift-ment.

Reverent Up-lift-ment

We share with YOU... immensely, about reverent up-lift-ment. What IT IS, does, creates and celebrates. IT IS...Does...Creates... and Celebrates.

Reverent up-lift-ment IS... an energy and a process.

IT IS... a re-cognition and an understanding.

IT IS...ALL...as IT encompasses the ONE.

Reverent up-lift-ment is not the concept of a mind of density. Reverent up-lift-ment is the gift that ignites when one is able to surrender ALL understanding through the mind, and gift them-self with transparent connection at ALL times. YES! What does that mean?

*Reverent transparency comes forward through the
process of up-lift-ment.*

To think of up-lift-ment, limits up-lift-ment.

BE upliftment...then, YOU...become ONE with up-lift-ment.

Then!

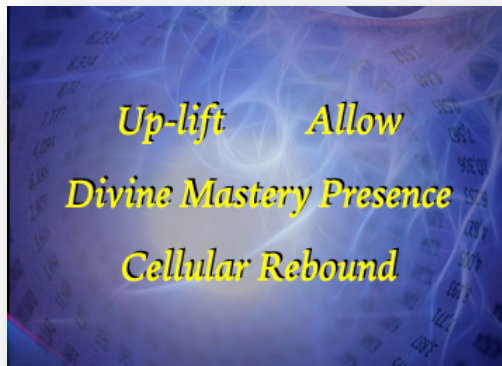
Reverence becomes joy, and joy becomes reverence.



Transitional History

This IS...a power-full moment in your world's transitional history.

Transitional history is shape-shifted by the inhabitants of an experience, who together, co-create that which brings forth the manifest destiny of a great, glorious and luminescent conjunction of ALL Divine experience...now.



This is important to understand. To up-lift is to allow.

As you allow, offer your-self the gift of Divine Mastery Presence. In the gift of Divine Mastery Presence, YOU experience your-self in an Up-lifted state. YOU feel your cellular structure rebounding.

YOU feel your energy uplifted in a manner that supports the experience that is here for YOU to unravel....at the time that is unraveling.

Divine Mastery Understanding

Simply move forward into the presence of the great time of Divine Mastery understanding. In the great time of Divine Mastery understanding, reverence is often misunderstood.

A child is told, "Be reverent, or I will beat you. Sit and be good." That is the sense of what is reverent, to keep the mouth shut. No? This is a common misunderstanding or reverence at the time of unraveling. And! There are many energies that are misunderstood at the time of unraveling.

They are all-ways understood with great perfection for the Divine completion of the energy.



Let us begin.

What is reverence? What is up-lift-ment? What is transcendent joy?

Each is the same...each is the same.

Reverence manifested is the expression of Divine Mastery Presence. IT IS... an energy that takes no-thing for granted. Understanding with the presence of Divine Mastery energy rather than the presence of the mind. Awake to every experience as a joy-filled gift.

ALL experience is a joy-filled gift. How reverent is that? Very. Reverence does not demand proof. Reverence is a celebration of the gift of ALL experience.

And! Experience is not limited to the experience of body. This is one of many experiences.

BEing a Lightbulb

BEing up-lifted with reverence, is to re-cognize that to up-lift is similar to gazing at ALL of the lightbulbs you have ever seen. Picture that if you could. A room of lightbulbs with them ALL turned on. So much light!

Gazing at your room of lightbulbs, many begin to pop, pop, pop, pop, pop. What happened to the light?

The answer is nothing.

It just needs another bulb. The light is there waiting for some-thing to capture IT... so YOU can see IT... again.

Many lightbulbs are popping around YOU...NOW. Are they not?

Your own lightbulb may pop, seeking another way to ignite more light. The body you have now is a lightbulb, indeed. There are many different lightbulbs. And the light IT-self is ALL-ways in the state of reverent transcendent up-lift-ment. IT IS... simply waiting to be seen.



We offer YOU this lightbulb description for YOU to ignite your journey of the depth of the remembrance of light. Whether consciously aware of it or not, IT IS... the ultimate reverent transcendent journey of reunification.

Light begetting light, begetting light, begetting light. YOU look for it in ALL. With the filter of density you begin to experience disappointment and judgment. Experiences where light was not found.

Remember! YOU ALL-ways find light. IT IS... simply in a different bulb than you expected.

The light is all-ways there. The light is ALL-ways there.

As YOU... receive this reverence as a joy-filled transcendent gift..., YOU re-cognize each of the bulbs. Some are plugged in; some are not. Within each of the bulbs, the light is there.

How they plug in, the wattage they carry, the length of their life, is ALL Divine upliftment. IT IS... a transcendent journey. IT IS... a great gift.

Tuning Into Light

Essenah energy is literally flooding your world as a great spotlight. Utilizing this example of light, IT IS... similar to a big search light combing the night sky.

*Where are you? Where are you?
You are where you wish to be!*

You can choose to jump into the light. You can choose to not be seen. You can choose to be a bulb. You can choose to not plug in. These are ALL the gifts of reverent up-lift-ment that are yours to uncover... now.



There are great patterns of light, and more than one pattern in your world. You ask: *how can that be if all light is light?*
Remember...not all light carries the same frequencies. This is outside of a structure of good, bad, higher or lower.

IT simply IS. IT IS... a frequency, like tuning a radio.

As YOU tune into your stations, you may walk into a room and say, Ick! What station is that? Yet, to the one who was there, it was perfect. It is not the station causing the need to tune, it is simply broadcasting at a different frequency.

Each frequency is finding its balancing point of transmission with ALL frequencies... NOW.

Within that balancing are frequencies that are bound to this planet, in its transitional phase. As a transitional phase of frequency shift some will unplug their lightbulbs... now.

This does not mean they do not carry light. It simply means they choose not to be illuminated...now. And BE-loved ONEs, in your world... now... this is a vast majority of BEings.

This majority is well entrenched in reverence as a deep, severe, serious issue. If you do not adhere to this seriousness, there are ramifications. This serious, ramification-based energy growing in your world... now... creates ramifications. How perfect is that?

Ramifications based upon reverence, *as an understanding*, chooses not to be available to be illuminated in the stream of consciousness illuminating rapidly. And, this is very good.



This is very good because for those who are illuminating and up-lift-ing through the reverent transcendent joy, it will be even easier because the pathway is being cleared.

Clearing the Path: Essene Illumination

If you walk an un-swept trail in the woods, you might not notice the trail is there. Covered in leaves, dirt, soot and rock, you find it challenging to navigate.

When the leaves, soot and the rock are cleared away, the trail is easy. You breathe better. What appeared challenging becomes, indeed, effort-less.

BE-loved ONEs. To carry the energy of Divine healing, Essene Illumination with reverent joy is easier because ALL paths are being cleared.

Illumination is transcendent. The gift of every experience is fuel for the journey. How YOU receive that fuel is your choice.

You may say, “I feel empty with nothing left to give. I feel depleted. I do not understand.”

IT IS...then, YOU re-cognize that the experience made an endless bounty available that refills your tank eternally as YOU choose to breathe IT... in.

*To be free, and clear of energy that pulls,
leaves YOU available to run with freedom.*

Without carrying a backpack, you can go further, faster and happier. As YOU understand the limitless fuel available for you is 100 percent of ALL of your experiences, how can you ever wear out this beautiful engine?

Your lightbulb has a socket at every experience. Your illumination is limit-less. In this moment, in this world... now, YOU ARE... illuminated or not. IT IS... that easy.



Remember that those who are not illuminated now may choose to be...again. IT IS...all-ways a choice. IT IS... a choice.

And...not all who are illuminated now will stay illuminated. Sometimes a bulb burns out. It happens. Only the density mind asks how could this happen? That bulb was so bright.

Perhaps they needed more lumens than their power supply could give them. Sometimes you just need to rest. This is okay, too.

To sustain the gift of Divine mercy for your-self, for each other and your planet is a great gift. IT empowers reverent upliftment and joyous full-fillment.

The choice to continue in whichever fashion serves your Divine Mastery Presence without the density mind seizing control. Please hear this clearly:

If your mind decides if you are illuminated or not, then appreciate the mind, thank the mind, and send it on a vacation.

Let your heart inspire your illumination.

Let your heart inspire your energy.

Let your heart receive each experience of the planet, and let the reverent joy and reunification with Oneness be the fuel that propels YOU through ALL experience...NOW.

Martyrdom and Transition

How you celebrate each moment, of each day, determines the next moment of each day. It determines the reconfiguration of your core, and determines the reconfiguration of your planet.

*Many call out! What will happen when I die?
We say: Why do you choose death?*



Receive this at many levels of experience. Some roll their eyes and say, We all die. We smile and say, If you like to.

Sometimes the gift of transition is the greatest awakening mechanism your world can offer YOU. In addition to your own reemergence fully awakened, those still in density often awaken through the gift of your transition.

*YOU have been living in the experience of
a world of martyrdom for a very long time.*

This world waits to celebrate those who inspire until after they transition. This is because through the transition, you wake up and notice what you could not see before. History on this planet reflects that energy that literally stops, through any means, the ignition of new energy...literally.

Is this an energy you want to continue? Look at your own life. Are you crucified for bringing forward your truth? Do you carry the energy of martyrdom?

The harmonic DNA of your truth does not carry martyrdom. Your truth does not carry victim consciousness. Yet, the energy of density, through the severity of the misunderstanding of reverence, carries all of those energies: Martyrdom, victimization, rescuing.

*BE-loved ONES. How do YOU wish to proceed?
IT IS...your choice.*

When you feel uncomfortable, YOU are growing. When you feel happy, YOU are growing. When you feel tired, YOU are growing. YOU...ARE...growing!

All-ways. ALL-ways.



How you grow the plant you choose to water. THAT... is what will grow. If you water anger, Anger grows; if you water love, Love grows; if you water your health, health grow. YOU ARE... expandable, transmutable, harmonic, extra-ordinary, buoyant, and extremely malleable. What-ever YOU water... will grow.

*What would YOU like to grow in your life?
What would YOU like grow on your planet?*

The Power of Verbal Communication

Remember that YOU carry great power with your verbal declarations. Verbal declarations are every word that releases from your mouth. This is not only the ones you choose to say simply because another has said if you say it one way it will make something happen.

*Every word is your affirmation. What are you affirming?
How do YOU communicate?*

In this world, greater destruction created by words than any-thing else. The greatest destruction on your planet comes from the verbal. Ask yourself again with deep sincerity, love and presence:

How would I like to BE? What would I like to create?

Invite the gift of one hour to consciously pay attention to every word you say. YOU will be de-lighted. Amazed. Up-lifted. Reverently joyous with what YOU create.

When another seeks to stop the creation through the energy of that which is less than joy-full, you can choose to listen or to BE present. To consciously focus your energy upon their heart and smile. Sharing with sincerity, love, and presence: *Let us speak of the creation emerging before us...now. What has been, is not here...now...let us choose to not speak of it.*



Consider the creation in your life if a negative was not ever given to you by another, or left from your own volition. Consider the love you would offer. Consider the love you would receive. Consider the love YOU ARE. Consider the reverent joy of that experience.

We invite you to test it out. You are a test-full society. You like experimental. As you do, and as you understand the reverent upliftment, if you hold that presence for your-self, *if you choose*, then your lightbulb cannot burn out. IT IS... infinitely filled with energy. With each word, YOU commit to the choice. To BE great luminescent light, love, presence and sharing. THIS IS... very, very, very Es-see-nah.

[The Es-see-nah Practice of 17](#)

In the time of the Es-see-nah that current books write about, 17 years of your lifetime, once within an Essene community, would be spent on conscious verbalization. Until every word could be offered with joyous upliftment for *ALL and for the self*, a word would not be spoken. So there was much silence until the moment of conscious verbalization.

*We encourage you to practice, smile, and understand...
Reverent up-lift-ment. YOU...ARE... Reverent up-lift-ment.
As that... ALL the lightbulbs illuminate, as YOU...ARE... illuminated.*

Your world has come forward so fast...now...that 17 years are not needed. YOU can do this in 17 seconds... if YOU choose.

17 seconds, if you choose.
17 months if you want.
17 years, if you think you really need it.

IT IS... okay.



We invite YOU... in this moment... to relax into 17 seconds and anchor this gift. With your hand on your heart, close your eyes as we simply count to seventeen.

As we count, visualize your life where every word said to you, every word said from you, supports love in ALL of its expressions.

*Taking in a deep AVESA breath and exhaling...
1...2...3...4...5...6...7...8...9...10...11...12...13...14...15...16...17.
Es-see-nah.*

How were those 17? YES! If your mind sought to control the seventeen, then smile, KNOWING...YOU... can all-ways do it again.

Culminating with the expressing breath of Es-se-nah reconnects YOU with the ancient temples of wisdom that exist within YOU. As you practice and ignite your Divine Mastery Presence, it reveals the books of knowledge YOU are ready to bring forward... again.

This calls forward the gift of Divine intuition without doubt. Seventeen, Beloved Ones, is all it takes! 17 conscious breaths. You can do this your-self.

You may want to place 17 little beads on a string. You might want to wear them on your wrist or carry them with you. Breathe with each bead, as with feel them as reminders of your Divine Mastery Presence.

ALL words are positive.

Those I receive and those I share.

Seventeen is all it takes.



BE-loved Ones, when you take the one and you add the seven, you will find the archangels waiting for YOU in the 8. As you take the 8 and you lay it on its side, you find infinity, and it has all-ways been just 17 breaths away.

And so it is, Beloved Ones, and so you are.
If you had or have a question, just count to 17 and IT IS... answered.
IT all-ready has been.

Reverent up-lift-ment. Reverent up-lift-ment. Reverent up-lift-ment.
1 plus 7 is 8...is the infinite.

All is truly well, BE-loved ONES, and we thank thee.



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