

## **The Miracle of Service:** *12 Steps to Ascension*

### **Message Three**

### **“Mt. Neru and the Mudras of Divine Light ”**

*Delivered via worldwide web-cast from the  
TOSA Self-Ascension Sanctuary*

*Antigua, Guatemala, Central America*

*Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa*

*March 05, 2011*

#### ***The Ascended Masters Speak:***

Hello Beloved Angels of Divine and great luminescent light, love, divinity and movement!

Indeed we are blessed to be here with thee, and through thee, to be the witness, the chariot, and the presence of the miraculous unfoldment of the great wave of Divine Presence that has descended and Ascended on your and through your world now. We offer you so many of these words because we wish for you to hear, feel and experience All as One.



#### **Oneness: Without Words**

We feel as if we could sit here and simply say *jibbity, jabbity jibberresh* and it would be All words as One word.

***The experience of the One-ness can offer all words,  
and when the energetic of brain-separative energy seeks to qualify words independently,  
it takes from the experience of One-ness and adds to the experience of All-ness.***

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*The experience of All-ness is beautifully completing and the re-unification of One-ness is gloriously coming forward again.*

*To release the need for the separate word and to experience to One-ness is the beginning of the most profound energetic cycle any Being can step into.*

You may immediately start trying to qualify what that would be and because WE - *as those you call Masters of Ascension or Ascended Masters* - because we exist from so many realms we simply wish to offer to the numbers instead of words. Because within the number you can let go of the word and experience the expanded state of this energy.



## **Revelation of the Cosmic Ascended Master Abode**

We who are with you today, come from a cosmic abode that is an abode that is connected to all of the abodes on your planet. ***This abode has not ever been fully released before and we seek to offer to you a stream of cosmic energy, a pulsing stream of cosmic light.***

This cosmic light comes directly from a crystalline world through the cosmic stream of expansion that follows through all streams of soul journey and comes in through a point at what you call Mt. Neru<sup>1</sup> on your planet now.

At Mt. Neru, we carry a cosmic abode quite large, quite – we use the word lofty - only for you to understand that it is an Ascension abode.

***From this abode, which does not touch ground but yet finds a Portal of energy from which one may ignite IN TO this energetic stream from Mt. Neru, circles your globe and carries with it a direct cosmic connector or unifier to the recently ascended abodes that are on the planet now.***



<sup>1</sup> According to ancient texts, Mount Neru (Mt. Kailash in the Himalayas) stands as an expert milker of cows and milked the Mother Earth, the milk of shining gems and medicinal herbs of wonderful virtues. Mount Kailash stands as one of the grandest of the Himalayan beauty spots. The perpetual snow-clad peak of Holy Kailash of antiquity, celebrity, and overpowering beauty, has a vibration of the supreme cosmos from the spiritual point of view. It stands as an immediate revelation of Spirit in concrete form, which calls one to bow in reverence.

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***We offer to you the words “on the planet”, as we seek for thee to let go of the these little names, these little words and to experience the multidimensional presence of these abodes.***

## **Shattering the Illusion**

The Crystalline City which is ***most active now*** is the city at the lake known as Atitlan in the America's of Central. This is a most active energy now because it is a synthesis, it is a representation of many energies. And the cosmic energy that exists above, as we would offer to you, Mt. Neru that is streaming in through this cosmic connection to you today, is also here to assist many to shatter the illusion of single-life focus.



*Cosmic Mt. Neru/ Mt. Kailash*

***Take in a breath..... and experience through thee the recognition that beyond the perception of this world, there is another, and another, and another, and another, and another. In the energy of the wave of the Divine Movement that is with thee now, the abodes are awakening to a visible presence for those who are able to release a one-life experience.***

You may say, “Oh yes, I believe in a past life, or I experience a past life” - this is a good start.

***However, to be aware of expanded life-times within a one- life experience is a limiting energy. Go beyond this beloved ones. Go beyond this.***

Right next to you in the abodes that have opened, which will all be opened and all released, you will have all of them available to thee.

Lift up your hand, and as you lift up your hand and we suggest beginning with the left hand although any hand is good (left hand held in front of face, palm outward, fingers spread).

One thumb.... two finger....three finger....four finger....five finger.

Right hand, thumbs touch (right hand, same posture as left, palm facing outward, thumb touching thumb) – six... seven... eight...nine...ten. With the thumbs touching, the eyes gazing through the portal made through the thumbs touching and these first fingers, you begin to look beyond one-life.



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***Feel the cosmic stream of Divine energy that we beam to thee today through our cosmic abode, down through the Neru portal, expanded through the crystalline city of Atitlan and beamed again out to you.***

Feel this connection, and as you feel this connection you see before you, (both hands extended in front, fingers spread as in the photo above), TEN.... TEN.... TEN....TEN.

***What is a ten?***

***It is the One-ness, it is the One-ness and it is Infinite Creation.***

***It is the One-ness and it is the Infinite Creation.***

## **Sacred Movement: The Ten Mudras<sup>2</sup> of Divine Light**

There are sacred mudras that have been in your world for many eons which we share with you today because these mudras - the movements of the TEN - bring to you this cosmic stream of Divine light to go well beyond, well beyond a one-life energy.

***One life with a memory of many lives is still one- life.***

***It is a continuity of only one aspect of your Infinite Presence.***

When in your world we offer to you a number, any number...for example, 1,000 points of Miracle Light<sup>3</sup> on your world is the equivalent of 1,000,000 points of Individu-wills on your world. You understand and see the reason for the numerical sequence.

You begin with one-life, one recognition, One .

And then when you take the One, (place left hand vertically in front of face forming the One), and you add the Infinite Energy to it (right hand in front of face forming the zero) you discover that within your own field of expanding Light is One.

<sup>2</sup> Mudras are hand positions. Each area of the hand has a reflex reaction in a specific part of the brain. A Mudra locks and guides energy flow and reflexes to the brain. Mudras redirect the energy flow, linking the individual pranic energy with universal force.

<sup>3</sup> This is a direct reference to the Miracle Team Revelation of Archangel Zadkiel, see more at [www.SriandKira.com](http://www.SriandKira.com)

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With the thumb in the center of the chest,  
(see *Mudra One* photo)

One with the thumb in the center of the chest.  
The Infinite Light is open and begins just below the One  
(*right hand poises horizontally beneath the left, in a "cupping" form*).  
Breathe in.....feel, straighten the back, uncross the legs.

Perhaps when you repeat this process, the ten steps which we show you today,  
you play music and feel the ignition.



MUDRA ONE

***Beloved ones, you are One and you are Infinite Expansion along side of it.  
One and Expansion - beyond the one-life is the great wave of unity.  
To be in a world of a great wave of unity, to experience thy SELF, to experience thy soul  
in this one unified stream of energy through the great abodes of ascended ones is to re-member,  
re-connect, and re-claim YOUR Ascended presence.***

These abodes are being revealed to thee because each of thee who connects with this stream of information is ready to re-collect and re-align with the Ascended Soul that thee IS.

***It is only the aspect of your creative, your infinite creative nature,  
that is in a one-life form now as a great and merciful mission to assist many beings  
of stray-hearted energy to reclaim their light.***

***Not all are of this experience and yet you ARE or you would not have found THIS. You ARE!***

Beloved one, we are now offering to you - as we hold this posture – (*mudra one above*) - we are offering to you the infinite colors of every rainbow of every world so that you may teleport with us now beyond this *one-life* into the cosmic dimensions with us.



***Let go of this world. Let go of one-life. Teleport with us now and see thy SELF as the great Ascended Master thy IS. There are many names. There are many masters. And we each stand together with great harmony.***

## The Ten Mudras of Divine Light: Sequence

### Posture One.



This posture held will open up for you this divine memory. You move from this posture, simply to posture two which is this.

### Posture Two



In front of the heart and as you open up the luminescent bowl of wisdom you feel as if you are holding a great reflector of the sun and that within your hands you are catching this light.

You are able to receive the Infinite Light of the universe beaming into your hands and straight up through what would feel as if is the bottom point, the under part of the neck, straight up cleansing, igniting, freeing.

This is the two.



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## Posture Three



You bring your hands to the side of the head.  
And in the posture three at the side of the head, you feel this energy that you have drawn in, expanding and freeing you so that you are able to hear the harmonic sounds of the universe, great and glorious sound. The infinite hum<sup>4</sup>.

## Posture Four



And as you open to the infinite hum, you bring the hands in to the Infinite in front of your mouth for the infinite hum to be the cycle of divine energy that flows through you that is always within every word you may choose to say.

## Posture Five

And then you open up the eyes and as you open up the eyes you feel this light cleansing your eyes..... cleansing your eyes.....cleansing your eyes.....

And as it cleanses your eyes, you begin to see in a crystalline world the overlay of the multidimensional space that is here now.

***Take in a breath here....exhale...Saaaaaaaaaaa.***



<sup>4</sup> Direct reference to the cosmic sound of OM

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## Posture Six

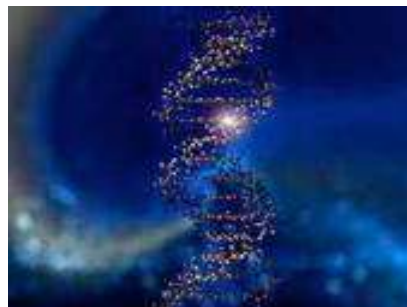


You bring the hands here - do not touch the forehead -but bring the hands together so that the fingers overlap just slightly, the thumbs remain up.

And in this energy, you breathe and feel your spine ignite.....feel your spine ignite.....feel your spine ignite. Feel the heat that is radiating from your hands which are not touching your forehead, but feel the heat that is. Feel the energy that is beaming in.



*And then you gaze up - lifting the head up - you move your DNA, you call your crystalline strands of energy.....movement.....movement.....movement.....movement..... And open.....*





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## Posture Seven



And as you open, you feel refreshed.

***In this posture, with this sincere energy all illness can be purged of any who are in direct connection with divine light at all times. It is here that you are lifting up out of one-life and fully embracing this life. And as you remain up your heart is open, your soul is free.***



And as you reclaim, reclaim, reclaim, reclaim, reclaim, reclaim, reclaim, reclaim, (swirl hands down as in photo above), you form the Infinite and you bring it in front of thee. (fingers touch forming the (0) zero – the Infinite Molecule).

## Posture Eight



***The Infinite Co-Creative Molecule that is You.....that has always been You.***

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And as you hold this Infinite Molecule - that is never a zero, it is the Infinite Creation - you feel this energy. You bring this energy and you move it to here, (*bringing the Infinite Molecule (both hands) to sacral chakra*), what you call the area of pelvic energy - stomach, pelvis, lower regions of the spine.



***And you feel this Infinite Creation begin again as if you are the womb of the universe birthing again for an entire cycle of creation.....  
an entire cycle of creation.***

And we complete, moving back to where we began.

## Posture Nine



***And as we move back to where we began, we feel the Infinite Peace of Ten,  
we feel the Infinite Co-creative Molecule. We recognize ourselves beyond one-life.  
We see our cosmic connection with all brethren. We send out great love to you from a portal  
of light above Mt. Neru, received through the cosmos, delivered through the crystalline city of  
Atitlan and now housed in your heart.***

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## Posture Ten



Cross the hands and bring them to the chest.

*We say to thee, Sol la'stra.....Sol la'stra.....Sol la'stra.....Sol la'stra beloved master.  
We welcome thee. We remember thee.  
Breathe in, feel your heart expand in your spine.  
Relax again now and feel the ignition of your fingers.*

## Technology and Infinite Creation

*Technology is nothing more than man seeking to remember it SELF.*

Your technology is here, (holding up left hand), your streams of light are here, (holding up right hand) .



Your ability to create Infinitely is here  
.....and is here.....and is here.....and is here.....and is here.....and is here.  
And so, IT IS.....and so, You ARE.



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You have found this moment.  
You have attended to this message because you are ready to re-unify with  
the greater stream of your ascended master-SELF.

TEN!



Breathe.....Ten.....Ten.....Ten.....and lift.

**And so it IS!**

*(holding left hand vertically and right hand beneath in the horizontal "cupping" position)*



**And so it IS!**

*(left hand reversing to the horizontal "cupping" position – right hand reversing vertically)*

**And so it IS!**

*(reversing positions of the hands)*

**And so it IS** (reverse again)

**And so it IS** (reverse again)

**And so it IS** (reverse again)

***And so YOU ARE.***

***There is no goodbye, there is only the Welcome Home!***